

HEALTHY LIFESTYLE

Youth and Family Link provides a comprehensive program to ensure that children and families have access to, and receive, primary health care and mental health care.

Programs are developed through cooperative planning with community groups and local providers in the healthcare and treatment fields.



Exercise, diet, education, positive socialization and best practice treatments help youth and families to live healthy lives.

GYMNASIUM

The Youth and Family Link Community Center and Wollenberg Gymnasium offer a full court basketball gym, bleachers, a stage, restrooms and four break out rooms for meetings/activities. It is available for community use and a variety of youth activities.

The Center and Gymnasium allows Link to provide an array of services in life skills, youth and family development, social and recreational events, and physical/emotional activities.

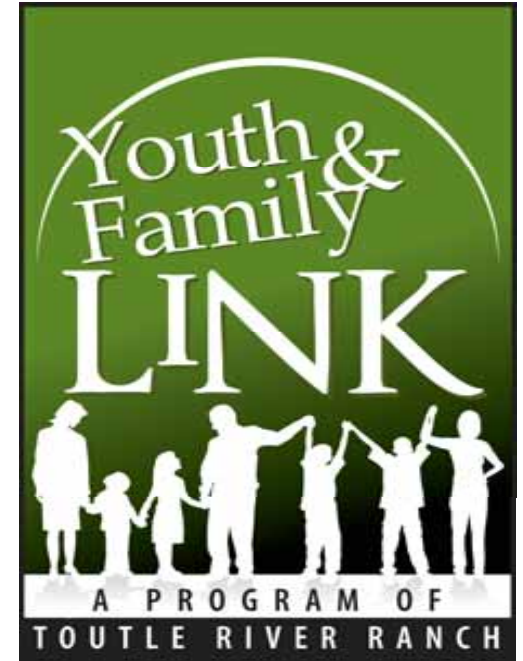
LINK SERVICES

- ◆ Licensed mental health provider;
- ◆ Mental Health Assessments, counseling and community support services;
- ◆ Children's Intensive Services is a 24/7 intervention to help kids avoid hospitalization or who require intense services.
- ◆ In school services to assist teachers and staff; help kids and families so they are prepared for school and ready to learn;
- ◆ Afterschool Programs to help youth in positive activities;
- ◆ Wraparound teams to coordinate services;
- ◆ Family Psycho Education to help families and the client learn to better deal with their issues in life.

For more information or referrals:

(360) 423-6741

www.linkprogram.org



Outreach
and
Intervention
Services

*Engaging youth to overcome barriers and **Linking** to needed services*

What is Link?

An outreach program working with youth and families in the home, school and community.

ENGAGEMENT: Link engages kids into services. This means we help kids and families to overcome the barriers so they can access services.



LINKING: Link connects kids to services and helps them to stay involved in those services. This might include counseling, school attendance or grades, getting along at home or positive friends and activities.

How Link helps?

We are not an office program; we work with kids and families in the home, school or community.

We reach out to where help is needed. Link staff are trained in specialized services to engage kids who are not utilizing needed services.

Who does Link work with?

Boys and girls, of all ages, who are residents of Cowlitz County.

Kids and families in need of a program that is flexible and provides services that reach out to engage and stay involved.

Link provides:

- ◆ Afterschool programs
- ◆ Community activities
- ◆ School assistance
- ◆ In-home services
- ◆ Wraparound Teams
- ◆ Counseling
- ◆ Group programs
- ◆ Family Psycho-Education

