COMMUNITY RESOURCE DIRECTORY

October 2019

Cowlitz County, Washington
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Abuse
Child/Spousal
Castle Rock Police Department
141 A Street SW
Castle Rock, WA  98611
(360) 274-4711

- SERVICES PROVIDED: Public safety, child abuse intervention, domestic violence, investigations of crime and referrals.
Children's Alliance
Main Office: 718 6th Avenue South
Seattle, WA 98104
(206) 324-0340
FAX: (206) 325-6291
e-mail: seattle@childrensalliance.org
Website: www.childrensalliance.org

- SERVICES PROVIDED: Public police advocacy for children and families,
  Publications/Brochures, Policy Analysis, Public Education, Coalitions, Health and Anti-
  Hunger Projects, Summer Food Hotline and Children's Action Network.

ParentHelp123 – An interactive website that lets parents discover assistance they qualify
for: tax credit, Head Start/ECEAP, childcare subsidies, Healthy Mothers, Healthy Babies of
Washington, free or low cost health insurance and more.
www.washingtonparentpower.org
Children’s Justice & Advocacy Center
(CJAC)
784 14th Avenue
Longview, WA  98632
(360) 353-3933
Fax:  (360) 353-3498

SERVICES PROVIDED: To provide children who have experienced sexual or physical abuse a coordinated community approach to investigation, prosecution, and treatment that promotes their safety, healing, and well-being. We believe that children have the right to be properly cared for and protected from violence, abuse, and neglect.

Our goals are:
- Reduce trauma to children and families
- Increase access to services for children and families
- Increase reliability and integrity of investigations

FEES: None

REFERRAL PROCEDURE: Referral must come from law enforcement or Child Protective Services (CPS).

ADDITIONAL INFORMATION: CJAC uses a multidisciplinary team (MDT) approach for response to child abuse allegations and includes representation from the following agencies:
- Law Enforcement
- Child Protective Services
- Prosecution
- Medical
- Mental Health
- Victim Advocacy
Crime Victim Advocacy Program
Emergency Support Shelter
(360) 703-3762
(888) 288-9221

• SERVICES PROVIDED:
  - Free and confidential assistance for victims of crime in Cowlitz, Wahkiakum and Clark counties.
  - 24/7 Crisis Intervention
  - Individual Advocacy
  - Medical Advocacy
  - Legal Advocacy

• REFERRAL PROCEDURE: Call for appointment. Must be a victim of crime to qualify for services.

• ADDITIONAL INFORMATION: All services are free and confidential. Crime does not need to have been reported to law enforcement.
SERVICES PROVIDED:

- **CHILD PROTECTIVE SERVICES (CPS)** - is legally responsible for the assessment of information received regarding possible child safety, abuse and/or neglect. CPS social worker shall investigate all intakes screened in for investigation. The social worker gathers information for risk assessment, family evaluation, and case planning rather than gather evidence for criminal prosecution. The social worker is not a law enforcement agent but is expected to work cooperatively with law enforcement.

- **CHILD FAMILY WELFARE SERVICES (CFWS)** – Assists families involved in dependency action in strengthening their safe parenting through facilitation of services, assessments for safety, well-being/reunification and solution focuses problem-solving. Provides voluntary services, out-of-home placement services, adoption of legally free children, recruitment retention of licensed foster homes, and coordination of services to the family with other social agencies within the community.

- **FAMILY RECONCILIATION SERVICES (FRS)** – The goal of FRS is to preserve, strengthen and reconcile families in conflict. Offered on a voluntary basis to families in conflict or with runaway children. The services are designed to develop skills within families to resolve problems related to at risk youth or family conflicts.

- **AT-RISK YOUTH (ARY)** – For children 12 years and older. Parent petition the court to help them reduce conflict within the family. The intent of ARY is to provide a court process to give tools to parents, courts and law enforcement to keep families together when the child is exhibiting various behaviors including running away, substance abuse, serious acting out, etc. **FRS social worker will aid the parents in all aspects of filing this paperwork.**

- **CHILD IN NEED OF SERVICES (CHINS)** – Child, parents or CA request that a child be placed temporarily with a relative or in foster care to give the family/youth the opportunity to resolve family conflict when temporary separation is in the best interest of the youth and the family. The person requesting this service must show that they have accessed all available services to work out the conflict, that all reasonable alternatives have been explored and that it is best for the youth to live outside the home while the family continues to work toward resolution of the conflict. **FRS social worker will aid the parents in all aspects of filing this paperwork.**
Emergency Support Shelter
1330 11th Ave
Longview, WA 98632
(360) 425-1176
Fax: (360) 425-3970
Crisis Line: (360) 636-8471
(Both numbers are available 24 hours a day.)
Website: www.esshelter.com

• SERVICES PROVIDED:
  ➢ Safe temporary housing for survivors (women and children) of domestic violence and assault.
  ➢ Sexual assault/abuse and domestic violence individual and group support for residents and non-residents who are survivors of sexual abuse/assault and/or domestic violence and to significant others who are in need of assistance in dealing with their own feelings of victimization. This includes the non-offending parents of children who have been sexually abused/assaulted.
  ➢ Educational presentations to schools, community groups, etc., on various topics related to sexual assault/abuse and domestic violence.
  ➢ 24-hour crisis intervention, advocacy, information and referral for sexual assault/abuse and domestic violence.

• FEES: None

• REFERRAL PROCEDURE: Refer 24 hours a day through the shelter.
 Kelso Police Department  
201 South Pacific  
P.O. Box 935  
Kelso, WA  98626  
(360) 423-1270

- **SERVICES PROVIDED:** Public safety, child abuse intervention, domestic violence, and investigations of crime and referrals.

- **FEES:** Copies/Reports - $.50 per page  
  Finger Prints - $10.00
Longview Police Department
1351 Hudson
Longview, WA 98632
(360) 442-5800
Fax: (360) 442-5963

- **SERVICES PROVIDED:** Child Abuse Intervention - interviews children suspected as being victims of abuse. Domestic violence intervention and victim assistance. Helps families and victims through the investigative process and directs families and victims to counseling resources.

- **REFERRAL PROCEDURE:** Police, CPS and other social service agencies not necessary to have a referral. Individuals can call if they suspect child abuse.
Childcare
Head Start and Early Childhood Education and Assistance Program (ECEAP)

1720 20th Ave
Longview, WA 98632
(360) 442-2800

SERVICES PROVIDED: Head Start and ECEAP are federally and state funded free preschool programs that serve income eligible children age 3-5 years. Local programs consist of part day services 3 1/2 hours a day, 3-4 days a week and run September through June. Full day services are 6 hours a day, 5 days a week and run September through June.

ADDITIONAL INFO: Service is available at multiple locations. Please call for more information.
Woodland Community Child Center (WCC)
600 Bozarth St
Woodland, WA 98674
(360) 607-7926

- **SERVICES PROVIDED:** WCC is a before and after school program located at Woodland Primary School. The center offers all day services for Kindergarten students, Monday through Friday. In addition, a regular before and after school program is available for grades K-6.

- **FEES:** Please call for fees. WCC is State licensed and accepts child care subsidy.

- **ADDITIONAL INFORMATION:** WCC hours – 6:30am-6pm
Disabilities
Services & Information
**Services Provided:** The mission of this program is to promote integrated systems of care that assure that children with special health care needs have the opportunity to achieve the healthiest life possible and develop to their fullest potential.

The Children with Special Health Care Needs program serves children with physical, behavioral, or emotional conditions that require health and related services beyond those required by children generally.

**Referral Procedure:** Client referrals can be made by families, school, medical providers, and others to the CSHCN Coordinator in the County Health Department where the child lives. Fax referrals to: 360-425-7531.
Deaf and Hard Of Hearing
Work Opportunity Center Cowlitz County/Goodwill
1030 15th Avenue, Suite 300
Longview, WA 98632
(360) 501-8340
Fax: (360) 423-6257

- **SERVICES PROVIDED:** Job Placement and Retention Services, including Job Coaching if needed.

- **REFERRAL PROCEDURE:** Potential clients would apply for vocational services through the Division of Vocational Rehabilitation and once accepted would request that the Work Opportunity Center of Cowlitz County be their employment vendor.

- **ADDITIONAL INFORMATION:** We have staff who are fluent in ASL.
Department of Services for the Blind
2214 E. 13th Street, Suite 208
Vancouver, WA 98661-4120
(360) 696-6238
Fax: (360) 690-4663
Toll Free: 1-800-552-7103
or
4565 7th Avenue SE
P.O. Box 40933
Lacey, WA 98503
(360) 725-3830
Fax: (360) 407-0679
(206) 721-4056 – TDD

Website: www.dsb.wa.gov

- **SERVICES PROVIDED:** The Department of Services for the Blind (DSB) provides a variety of programs to blind and visually impaired persons of all ages. People whose vision is not correctable by ordinary eye care are likely candidates for the following services:
  - Vocational Rehabilitation
  - Child and Family Program
  - The Business Enterprise Program
  - Independent Living Program
  - Orientation and Training Center
  - Assistive Technology Program

- **FEES:** No fees or medical coupons required. DSB is a public agency.

- **REFERRAL PROCEDURE:** A referral may be taken by phone by calling the toll free number. Your call will be transferred to the appropriate agency representative serving your area.
Division of Developmental Disabilities (DDD)
Department of Social and Health Services
711 Vine
P.O. Box 330
Kelso, WA 98626
(360) 501-2520
Fax: (360) 577-5435
TTY – (360) 501-2489

• SERVICES PROVIDED: The DDD assists individuals with developmental disabilities and their families to obtain services and support based on individual preference, capabilities and needs, and which promote everyday activities, routines and relationships common to most citizens.

• FEES: None

• REFERRAL PROCEDURE: A determination of eligibility is a determination that a person meets the definition of a developmental disability as defined in Washington State law. An individual must meet the eligibility definition to become a DDD client.

  DDD services are dependent on availability of funding and/or eligibility for the specific services. Service eligibility will be determined after an assessment is completed. Access to Medicaid State Plan services and Home and Community Based Waiver services are not limited by availability of funding.

• ADDITIONAL INFORMATION: For more information on available services, contact us. Participation in all DDD services is voluntary.
Division of Vocational Rehabilitation (DVR)
Department of Social and Health Services (DSHS)

711 Vine Street
P.O. Box 330
Kelso, WA 98626
(360) 501-2499
Toll Free: 1-800-548-0946
Fax: (360) 578-4174
TTY: (360) 501-2542

- **SERVICES PROVIDED:** The Division of Vocational Rehabilitation (DVR) provides employment services and counseling to individuals with disabilities who want to work but experience barriers to work because of a physical, sensory, and/or mental disability. A DVR counselor works with each person to develop a customized plan of services designed to help them reach their employment goal. DVR assistance may include, but is not limited to the following:
  - Counseling and Guidance
  - Assessment Services
  - Independent Living Services
  - Assistive Technology Services
  - Training and Education
  - Job-related Services

- **FEES:** None

- **REFERRAL PROCEDURE:** Come in and apply or apply online.

- **ADDITIONAL INFORMATION:** DVR believes employment contributes to a person’s ability to live independently and everyone has a right to work. Our purpose is to empower people with disabilities to achieve a greater quality of life by obtaining and maintaining employment.
SERVICES PROVIDED: Children and adults with disabilities and other special needs find the highest quality services designed to meet their individual needs when they come to Easter Seals Washington. Our mission is accomplished through the following core programs and services in Washington State.

- Assistive Technology Services
- Camp Stand By Me
- Child Development Services
- Workforce Development

FEES: None

REFERRAL PROCEDURE: Call toll free number and press #105 for referral specialist.

ADDITIONAL INFORMATION: Directory on phone: Monday-Friday 8:30am–5:00pm.
Home Care Equipment Bank
Lower Columbia Community Action Council (CAP)
1526 Commerce Avenue
Longview, WA 98632
(360) 425-3430
Toll Free: 800-383-2101
Fax: (360) 425-8724
Website: www.LowerColumbiaCAP.org

- SERVICES PROVIDED: Walkers, wheelchairs, bathing chairs, and other home care equipment are available for loan.

- FEES: None

- REFERRAL PROCEDURE: Call 360-425-3430 and ask for Home Care Equipment Bank.

- ADDITIONAL INFORMATION: Equipment is returned to CAP when there is no further use for it. CAP welcomes the donations of used equipment and money to replace equipment items.
Individual Supported Employment
Work Opportunity Center Cowlitz County/
Goodwill 1030 – 15th Avenue, Suite 300
Longview, WA 98632
(360) 501-8340
Fax: (360) 423-6257

- **SERVICES PROVIDED:** Long term job retention services for individuals with Developmental Disabilities, including Job Coaching.

- **REFERRAL PROCEDURE:** Referral is made by the Division of Developmental Disabilities.
SERVICES PROVIDED:

Vocational – Individualized Supported Employment

Goal of the Program
The goal of individual supported employment is competitive employment. We provide training and support to participants while working with area businesses to create successful employment opportunities, matching the individual’s skills, interests, and abilities.

Geographic Location of Services: Services are provided in Woodland, Castle Rock, Kelso, and Longview

Core Services Provided
- Benefits Planning
- On-the-Job Training
- Job Upgrade Assistance
- Destination Training

All persons accepted for service shall receive case management and service coordination support services.

Service Outcomes
- Competitive community employment, at or above minimum wage
- Natural supports and workplace social skills
- Ability to use public transportation system
- Vocational interest and aptitude assessment

FEES: Currently, there are no private pay options. Funding is generally secured through the following.

Residential
- Division of Developmental Disability

Vocational
- Division of Developmental Disability (DDD): State, Basic, Basic Plus or Core Waiver
- Division of Vocational Rehabilitation (DVR)
- Department of Services for the Blind (DSB)
- Ticket to Work (TTW/EN)

REFERRAL PROCEDURE: Vocational: Walk in, directly from DDD, DVR, TTW/EN or DSB.
PAVE (Partnerships for Action )
Voices for Empowerment)
6316 South 12th Street
Tacoma, WA  98465
(253) 565-2266
Toll Free:  1-800-5-PARENT
Fax:  (253) 566-8052
e-mail:  pave@wapave.org
Website:  www.wapave.org

• SERVICES PROVIDED: PAVE is a parent directed organization that works with families, individuals with disabilities, professionals and community members in all walks of life and with all types of disabilities. Since 1979, PAVE has provided information, training and support for over 1,000,000 individuals with disabilities, parents and professionals.

A unique and powerful combination of experience and knowledge is at the heart of PAVE. Individuals with disabilities and parents of individuals with disabilities who have a good understanding of the many challenges of accessing services comprise the PAVE staff, Board of Directors, and PAVE’s active volunteer network. The approach is one of collaboration between all involved parties. This personal touch, combined with the comprehensive knowledge and information PAVE can provide, makes this organization the premier resource in Washington that families can turn to for training, information and support.

• FEES: Free and low cost materials in a variety of formats and languages.

• ADDITIONAL INFORMATION: PAVE currently has many different program that cover a variety of areas and resources.
SERVICES PROVIDED: Offers the following services to individuals interested in entering or re-entering the workforce. They provide comprehensive services including assessment, job placement, and on-the-job support. They assist employers in competently supporting employees with disabilities. They also work to teach people the skills they need to get and keep jobs on their own.

- Brief Vocational Assessment
- Situational Assessment
- Comprehensive Vocational Evaluation
- Job Placement
- Job Coaching
- General Job Placement and Retention
- Specialized Job Placement

FEES: Contact the office for information.

REFERRAL PROCEDURE: All developmental disabilities services referrals are made through State of Washington Division of Developmental Disabilities or Department of Vocational Rehabilitation. Mental health referrals are made through the Southwest Regional Support Network, Lower Columbia Mental Health or the Center for Behavioral Solutions.
The Arc of Southwest Washington
906 New York Street
Longview, WA 98632
(360) 425-5494
Fax: (360) 577-9131
e-mail: sallyb@arcswwa.org
Website: www.arcswwa.org

Helping families, children and adults with intellectual and developmental disabilities achieve a lifetime of success

- **SERVICES PROVIDED**: The Arc of Southwest Washington helps people with intellectual and developmental disabilities achieve a lifetime of success by:
  - Building capability with respectful advocacy
  - Direct support of individual and their families
  - Promotion of full participation in our community

  - **Advocacy** - This program is designed to assist the disabled especially developmentally disabled (dd) and/or their parents to participate in government programs and/or private program assistance to which they may be/or are entitled.
  - **Referral/Resource Information** - The Arc has a Resource Center that offers many services and refers individuals to such programs and agencies as the Adult Development Center, Residential Resources, Progress Center and other non-profits. The Arc also refers individuals who need assistance with respite care, legal services, medical/dental care or family support.
  - **Guardianship/Protective Payee/Financial Management** - The Arc is currently the only non-profit agency in SW Washington that is a Certified Guardian and serves as guardian for a limited number of developmentally disabled individuals who have no relatives capable of serving in this capacity. Arc also acts as protective payees.
  - **Family/Parent Support** - Services to link parents of developmentally disabled children with one another for support and information sharing on how they cope, deal or manage various family situations.

- **FEES**: Fees are seldom charged for services, but at times a minimal fee is requested. We depend on memberships, donations, grants and fundraisers to support our services.

- **REFERRAL PROCEDURE**: Referrals may come from any individual or agency.
Volunteer Services
Catholic Community Services Family Center
923 Fir St
Longview, WA 98632
(360) 577-2200
Toll Free: 1-888-649-6734
Website: www.ccsww.org

• SERVICES PROVIDED: Volunteer Chore Services is committed to helping elders and adults with disabilities remain independent in their own homes through a network of caring community members. Services provided include:

  ➢ Housework
  ➢ Cooking
  ➢ Laundry
  ➢ Communications
  ➢ Shopping/errands
  ➢ Household Repairs
  ➢ Transportation
  ➢ Monitoring
  ➢ Yard Work
  ➢ Wood Provision
  ➢ Shopping/errands
  ➢ Some kinds of Personal Care
  ➢ Transportation
  ➢ Protective Supervision
  ➢ Yard Work
  ➢ Minor Home Repair
  ➢ Respite
  ➢ Wood Provision
  ➢ Moving Assistance
  ➢ Some kinds of Personal Care

• FEES: Services are provided free of charge to low-income elderly and disabled adults who qualify. Call for more information.

• REFERRAL PROCEDURE: DSHS, Senior Information and Assistance, families and friends, general public, religious community and other Community agencies.

• ADDITIONAL INFORMATION: Volunteer Chore is a statewide service using caring volunteers to help provide the tasks requested.
Washington Ogden Resource Center (ORC)
2310 East 13th Street
Vancouver, WA  98661-4120
(360) 696-6321 ext. 183
FAX: (360) 237-2120
Toll Free:  1-800-562-4176 ext. 183
e-mail:  irc@wssb.wa.gov
Website:  www.wssb.wa.gov

- **SERVICES PROVIDED:** The Washington Instructional Resource Center is a statewide project funded by the Office of the Superintendent of Public Instruction. The Instructional Resource Center is responsible for locating and distributing educational materials for children with visual impairments in the state of WA.

  Services Provided:
  - Braille texts and materials
  - Educational aids
  - Large print texts and materials
  - Lending library for professional references

- **FEES:** No charge to students registered with the IRC in Washington.

- **ADDITIONAL INFORMATION:** Students pre-registered by an account holder in each school district or agency.
• **SERVICES PROVIDED:** The Washington Talking Book & Braille Library provides a free public library service which includes easy access to the informational and recreational reading materials needed by individuals in the State of Washington who are unable to read standard print material.

• **FEES:** All equipment and services, including the mailing of materials, are free to eligible users.

• **REFERRAL PROCEDURE:** Application must be completed and certified.
Drug & Alcohol Abuse
Services & Information
1414 Club
1414 – 12th Avenue
Longview, WA 98632
(360) 425-7260
Website: www.1414club.org

- **SERVICES PROVIDED:** A meeting space for 12 step recovery groups. A clean and sober establishment that promotes family orientated activities. Gives the opportunity to learn an alternate lifestyle without drugs and/or alcohol. Arcade games, pool, and board games are available.

- **FEES:** No charge for some activities and general fellowship. $10.00 will get access to extra activities, activities at a discount, and coffee and pop at a discount.

- **REFERRAL PROCEDURE:** Walk-in – Only requirement is not to come in on drugs or alcohol.

- **ADDITIONAL INFORMATION:** Time: 11:00am – 9:00pm
A New Safehaven  
1441 11th Avenue  
Longview, WA  98632  
(360) 577-4340  
Fax: (360) 577-4350

- **SERVICES PROVIDED:**  
  - Intensive and Outpatient Treatment  
  - Family and Adolescent Counseling  
  - DUI/Deferred Relapse Prevention MRT

- **FEES:** We are a 501 (c) 3 non-profit agency based on a sliding fee scale. We also accept private insurance. Call for details.

- **REFERRAL PROCEDURE:** Referrals come from Cowlitz County Probation, Department of Corrections, Local Attorneys, All Schools, Self Referral, Doctors, St. John Medical Center, Rainier, Kaiser, other treatment facilities and insurance.

- **ADDITIONAL INFORMATION:** Safehaven provides a safe atmosphere where clients can gain the hope, strength and honesty to promote a substance-free lifestyle. This will teach them to regain the dignity and self-respect they lost in their addiction.
Awakenings  
404 W Main St.  
Kelso, WA  98626  
(360) 423-2806  
Fax: (360) 423-5128

- **SERVICES PROVIDED:** Provides outpatient and intensive outpatient treatment services for adults and youth. We are co-occurring capable.

- **FEES:** Call for fee information. We accept state insurance (ADATSA)

- **REFERRAL PROCEDURE:** Referrals from attorneys, courts, family, self, department of corrections, doctors, etc.

- **ADDITIONAL INFORMATION:** Offer flexible scheduling and variable length and intensity treatment; based on individual needs.
Cowlitz Substance Abuse Coalition
Cowlitz Meth Action Team
Administration Annex
207 – 4th Avenue North
Kelso, WA 98626
(360) 577-3041
Fax: (360) 425-7760

- SERVICES PROVIDED: The Cowlitz Substance Abuse Coalition and Cowlitz Meth Action Team provide information, resources, and support for communities to develop targeted and coordinated strategies to reduce the impact and incidence of the abuse of alcohol and other drugs and violence.

Strategies include:
Collaborate with other community coalitions to prevent underage drinking, drug use, and early initiation of antisocial behavior among youth countywide.

Programmatic strategies that are implemented are Strengthening Families with youth ages 6-14 and their parents with a new emphasis on follow-up with families who have completed the program, annual countywide Youth Prevention Summit for middle school youth, annual Teen Leadership Week program for middle school youth, prescription drug education and a drop off site for outdated medications, review of current after school programs and school violence prevention programs, and offer support to the school to implement these programs.

- FEES: There are no fees to join the Cowlitz Substance Abuse Coalition or Cowlitz Meth Action Team. Please contact for program requirements.
Cowlitz Tribal Treatment
1044 – 11th Avenue
P.O. Box 2429
Longview, WA 98632
(360) 575-3316
Fax: (360) 423-7813
Website: www.cowlitz.org

- **SERVICES PROVIDED:** Chemical Dependency Services Offered:
  - Assessments
  - Intensive Outpatient Treatment
  - DUI/Deferred Prosecution
  - Youth Treatment Services

- **FEES:** Please contact us to discuss payment options. We accept most DSHS medical coupons. Fees for outpatient services are waived for Federally recognized Native Americans and Alaskan Natives.

- **ADDITIONAL INFORMATION:** We are a Washington State Certified Chemical Dependency treatment facility. Our treatment approach blends ancient tribal customs, traditions and teachings with current modern and effective treatment practices. Native Americans as well as non-native people enjoy learning to recover from the use of alcohol and drugs in a culturally enhanced program.
First Place
1839 – 1st Avenue, Suite #1A
Longview, WA 98632
(360) 577-7442
Fax: (360) 577-7904

- **SERVICES PROVIDED:** Outpatient drug/alcohol treatment.

- **FEES:** Medicaid approved, county funding available. Call for fees.
Starting Point, Inc.
1315 Hemlock
Longview, WA  98632
(360) 423-1563

• SERVICES PROVIDED: Positive, individualized, cost-effective outpatient treatment services for alcohol and/or drug abuse/dependency.
  ➢ Outpatient Chemical Dependency Treatment; Washington State Approved
  ➢ Evaluation/Assessment
  ➢ Referrals
  ➢ Intensive Outpatient Treatment Services
  ➢ Aftercare: Weekly and Monthly Outpatient Treatment Services
  ➢ Programs to accommodate and meet individual needs
  ➢ Alcohol/Drug Information School
  ➢ Relapse Prevention Services
  ➢ Oregon Information/Rehabilitation Program Services

• FEES: Flexible payment plans.
Syringe Exchange
Cowlitz County Health Department
1952 9TH Avenue
Longview, WA 98632
(360) 414-5599 (push “0” to speak with the front desk)
Fax: (360) 425-7531
Website: http://www.co.cowlitz.wa.us/health

• SERVICES PROVIDED: Syringe exchange is a harm reduction program for intravenous drug users. It is an important component of a comprehensive program designed to reduce the spread of HIV/AIDS, Hepatitis B, Hepatitis C, and other blood borne infections among injection drug users, their families and communities.

The program provides new, sterile syringes in a one-for-one exchange for used, contaminated syringes. Risk reduction information is provided and a social worker is available to help persons access drug treatment if desired. Other services include counseling and testing for HIV infection, immunizations, information on free or low-cost health insurance, distribution of condoms, and safe disposal of contaminated equipment.

• FEES: None

• ADDITIONAL INFORMATION: Thursdays between 1:00 and 4:45PM. Syringe exchange is accessible via the west corner in the rear of the building.
Lower Columbia College Head Start/EHS/ECEAP
1600 Maple Street
P.O. Box 3010
Longview, WA 98632
(360) 442-2800
Fax: (360) 442-2829
Website: www.lowercolumbia.edu/headstart

- SERVICES PROVIDED: Comprehensive child and family development program that includes services to pregnant women, infants, toddlers and children ages 3-4 years of age. Services include:
  - Part day preschool classes for 3 and 4 year olds that run 3.5 hours a day, three or four days a week, September through May/June. Children must be 3 before September 1st. Snack and lunch are provided.
  - Home Base Early Head Start model provides families with weekly home visits from the prenatal months to the child’s third birthday. Operates all year long.
  - Combination Infant/Toddler model combines both home and center-based services for English as Second Language (ESL) Tuesday – Thursday, 3 hours per day with home visits once per month. Parents attend ESL classes while the children attend class. Home-based services are offered during the summer months.
  - Center-Based Services are provided for Longview Teen parents in collaboration with the Longview School District. Infants/toddlers attend full-day services while the parents are in school. Enrichment experiences for both children and families are extended through home visits during the year. Home-based services are offered during the summer months.
  - Other services include Parent/Teacher conferences, home visits, health and developmental screenings, social services, nutrition services and parent involvement opportunities.

- FEES: None

- REFERRAL PROCEDURE: Children are eligible to participate if they are from low-income families (taken from the Federal poverty guidelines), in foster care, have special needs, homeless or eligible for public assistance.

- ADDITIONAL INFORMATION: Located at Lower Columbia College, Barnes and Wallace Elementary Schools, Broadway Learning Center, and Castle Rock Elementary School.
Lower Columbia College Home & Family Life/
Early Childhood Learning Center
1600 Maple Street
Longview, WA 98632
(360) 442-2890
Fax: (360) 442-2829

- **SERVICES PROVIDED:** Provides childcare for the Lower Columbia College students, staff, faculty and community. Student parents who receive childcare services must be enrolled for Home & Family Life credits. The Early Learning Center provides physical, cognitive, social, emotional and language development experiences for children 1 month to Kindergarten.

- **FEES:** Discounted student rate. DSHS payments accepted.

- **APPLICATION PROCEDURE:** Submission of application for the waiting list does not guarantee child’s enrollment. If we are unable to place child by the second week of the quarter and care is still required for the next quarter, a new application must be submitted.

- **ADDITIONAL INFORMATION:** Open 5 days a week from 7:45am to 5:00pm during the academic year.
Progress Center
1600 3rd Avenue
Longview, WA 98632
(360) 425-9810
FAX: (360) 425-1053
Website: www.theprogresscenter.org

• SERVICES PROVIDED: Early intervention programs of education and therapy for children from birth to three years old with developmental needs.

• FEES: Evaluations are provided free of charge. Therapeutic services may be subject to co-pays and deductibles.

• ADDITIONAL INFORMATION: Babies can’t wait. When a child has a delay in development, the earliest possible intervention is the most successful. A phone call to the Progress Center is all it takes to schedule a visit with a developmental specialist.
Woodland Co-Op Preschool
600 Bozarth Street
Mailing Address: P.O. Box 1318
Woodland, WA 98674
(360) 225-1113

• **SERVICES PROVIDED:** Early childhood education for children four years of age. Classes run Tuesday through Friday 9:00 – 11:30AM for the morning class and 12:45 – 3:15PM for the afternoon class.

• **FEES:** Call for cost information.

• **ADDITIONAL INFORMATION:** This is a co-op preschool so parents are required to volunteer. Open registration for Fall begins on the last Monday in March.
Woodland Head Start  
(Educational Opportunities for Children and Families)  
600 Bozarth Street  
Woodland, WA 98674-8425  
(360) 225-6907  
Enrollment Questions: (360) 892-9916  
Fax: (360) 225-6344  

- **SERVICES PROVIDED:** The Educational Opportunities for Children and Families (EOCF) has been serving the community since 1967, when it was formed as a Community Action Agency to fight the War on Poverty. In over three decades of steady growth and expansion, EOCF now provides services to more than 2,000 low-income children and families in four southwest Washington counties through such well-known programs as Head Start, Early Head Start and Early Childhood Education and Assistance Program (ECEAP).

EOCF offers a wide range of critical services to low-income children and families, including:
- Early childhood education
- Comprehensive health, mental health, nutrition and disabilities
- Physical and developmental assessments
- Support to families through case management, training and parent education

The programs make a difference. Studies show that disadvantaged children who receive services such as Head Start, Early Head Start and ECEAP are less likely to repeat a grade, less likely to need special education, less likely to commit a crime, and more likely to graduate than those who don’t.

- **FEES:** Free to income eligible families.

- **ADDITIONAL INFORMATION:** Days: Monday, Tuesday, Thursday and Friday.
  
Class Time: varies.
Education
Castle Rock Public Library
137 West Cowlitz West
P.O. Box 1350
Castle Rock, WA 98611
(360) 274-6961
Fax: (360) 274-6961

- SERVICES PROVIDED: Local history section, large print section for visually impaired, adult literacy section, free public Internet access, books on tape, some videos, music CD's, and summer reading program.

- FEES: Free to those living within Castle Rock city limits, $25 a year or $15 for 6 months to all others.

- ADDITIONAL INFORMATION: Hours: Monday, Tuesday, Thursday, Friday 11:00AM-6:00PM, Wednesday and Saturday 10:00AM-3:00PM
Kelso Public Library
Inside the Three Rivers Mall
351 Three Rivers Drive, Suite 1263
Kelso, WA 98626
(360) 423-8110
Fax: (360) 425-5195
e-mail: kelsopublib@kelso.gov
Website: www.kelso.gov/library

• SERVICES PROVIDED: Summer reading program, voter registration forms, internet access, tax forms (at all times), videos/DVDs, library tours by appointment

• FEES: Fee for non-residents only.
Longview Public Library
1600 Louisiana Street
Longview, WA 98632
(360) 442-5300
Fax: (360) 442-5954
Website: www.longviewlibrary.org

- SERVICES PROVIDED:
  Education and Job Information Center (EJIC)
  - Resource Materials
  - Job Search Planning Assistance
  - Resume Preparation Assistance
  - Up to date job and career information in a variety of formats.
  - Educational Information
  - Occupational and academic testing materials; sample tests
  - Citizenship Information
  - Small Business Start Up and Running Your Own
  - Books and Books on Tape and CD
  - Videos and DVD's
  - Tax Forms
  - Magazines and Area Newspapers
  - Genealogy
  - Adult Tutoring Services and Family Literacy Support

- FEES: Free for Longview residents. Fees apply to all others.
Lower Columbia College
1600 Maple Street
P.O. Box 3010
Longview, WA 98632
(360) 442-2311
Website: www.lowercolumbia.edu

- **SERVICES PROVIDED:** We offer daytime and evening classes, as well as some weekends. We offer college degrees and certificates in more than 70 fields. We also offer non-credit Community Education and Senior Studies classes, as well as high school completion, adult basic education and English as a Second Language. Check into our Business and Industry Center for dozens of programs from Mechanic Training to Small Business Accounting.

- **FEES:** Tuition fee schedule posted on the website or by phoning the number listed.
Parents Place
928 - 23rd Avenue
Longview, WA  98632
P.O. Box 793
Kelso, WA  98626
(360) 414-9212
Fax: (360) 575-8123
Website:  www.parentsplacelongview.org

- **SERVICES PROVIDED:** Parents Place provides age appropriate parenting groups for caregivers of infants and toddlers through age three, support groups of parents of birth through 3 years of age, and classes for parents with children up to age 17.
  
  - Supervised Visitation
  - Seminars of interest such as Communication, Post Partum Depression, Fathering, Learning Disabilities
  - Parenting Skills Classes

- **FEES:** Donation
Parent Trust for Washington Children
2200 Rainer Avenue S.
Seattle, WA  98144
(206) 233-0156 (business)
Fax: (260) 233-0604
Website: parenttrust.org

- **SERVICES PROVIDED:**
  - Parent Support Groups
  - Children's Program (provided while parents attend group meetings)
  - Family Help Line (provides opportunity to vent, problem solve, etc.)

- **FEES:** There are currently no fees for any services.

- **ADDITIONAL INFORMATION:** 1-800-932-HOPE (4673) – toll-free, statewide, "warm" line provides parenting information, support and referrals to community resources in every county. The program is non-profit with a focus on providing parents the support and assistance to be the best parents they can be. Our goal is to reduce abuse and neglect, etc.

  Yakima Office: (509) 454-4000 – Fax: (509) 469-6000
Strengthening Families
Cowlitz Substance Abuse Coalition
Administration Annex
207 – 4th Avenue North
Kelso, WA 98626
(360) 577-3041
Fax: (360) 425-7760

- **SERVICES PROVIDED:** Seven-session parenting programs for families with 10-14 year old children. A meal and childcare are provided.

- **FEES:** None

- **REFERRAL PROCEDURE:** None needed

- **ADDITIONAL INFORMATION:** The Strengthening Families 10-14 Program was developed by Iowa State University. It is developed for parents and youth 10-14 years old. It is designed to help parents build on their strengths. Each program has 7-12 families involved. Parents and youth meet in separate groups for the first hour and families have fun together and practice skills in the second hour.
Woodland Public Library
770 Park Street
P.O. Box 1869
Woodland, WA 98674
(360) 225-2115

- ADDITIONAL INFORMATION: Hours are: Monday, Tuesday, Thursday, Friday 10:00AM-6:00PM, Wednesday 10:00AM to 8:00PM,
Woodland School District
Special Services
800 Third Street
Woodland, WA 98674
(360) 841-2720
Fax: (360) 841-2721
Website: www.woodlandschools.org

• **SERVICES PROVIDED:** English Language Learner Program (ELL), previously known as English as a Second Language Programs (ESL). English language education.
• **SERVICES PROVIDED:** Informal research-based education to the community in the areas of:
  - 4-H Youth Development
  - Leadership Development
  - Food Safety and Nutrition
  - Horticulture and Natural Resources
  - Family Budgeting
  - Clothing and Textiles
  - Parenting
  - Composting and Recycling
  - Working with Volunteers
  - Master Gardener Clinics

  Education is provided by workshops, written publications, one-on-one responses to phone calls, newsletters and volunteer outreach.

  Volunteer Training and Opportunities – In-depth subject matter training in the topic of choice: Master Gardeners, Clothing and Textile Volunteers, Food Advisors and 4-H. Volunteers agree to help with activities and educational displays in the community in return for their training.

• **FEES:** Many programs are free or minimal cost ($5-$10). Publications range in price from $.25 to $5 and are free to those with low income.
Emergency Disaster Relief
American Red Cross
Serving Cowlitz County
3114 E. Fourth Plain Blvd.
Vancouver, WA 98661
(360) 423-7880
(360) 693-5821
Toll Free: 1-888-434-1966
FAX: (360) 423-7882
Website: www.swwashington.redcross.org

- SERVICES PROVIDED: The American Red Cross offers assistance to victims of disasters, to military personnel and their families, and emergency preparedness education.

BLOOD DONOR COLLECTION CENTER SITE: Cowlitz County Convenience:
Washington National Guard Armory
819 Vandercook Way
Longview, WA 98632
Donation Types: Blood, Double Red Cell donations

1-800-RED-CROSS
(1-800-733-2767)
Cowlitz County Department of Emergency Management
312 SW 1st Avenue
Kelso, WA  98626
(360) 577-3130
FAX: (360) 577-3009
Website: www.co.cowlitz.wa.us/DEM

- **SERVICES PROVIDED:** Resource agency for emergency response agencies and public education for disaster preparedness.

- **FEES:** None
Humane Society of Cowlitz County
909 Columbia Blvd.
P.O. Box 172
Longview, WA 98632
(360) 577-0151
Fax: (360) 414-0520
Website: www.cowlitzhumane.com

- SERVICES PROVIDED:
  - Humane Education
  - Animal Control
  - Shelter Tours
  - Lost and Found Pet Service – Lost Pet Hotline: (360) 425-7000
  - Pet Adoption
  - Volunteer Opportunities
  - Spay/Neuter Assistance for cats – only for low-income
  - Program Visitations for school classrooms and retirement homes
  - Community Service hours for high school graduation requirements

During a disaster, we will open to receive your household pets. We will assist by temporarily lodging your pets so you can take care of your loved ones.

- FEES:
  - Spay - $50 / Neuter - $35 – cats only
  - Pet adoptions
    - Cats - $85
    - Dogs - $115 (puppies and specialty priced higher)

- ADDITIONAL INFORMATION: Open Monday thru Friday 11AM – 6PM, Saturday 10AM – 3:30PM, Closed Sunday.
Public Health Emergency Preparedness & Response
Cowlitz County Health Department
1952 9th Avenue
Longview, WA 98632
(360) 414-5599 (push “0” to speak with the front desk)
FAX: (360) 425-7531
Website: http://www.co.cowlitz.wa.us/health

- SERVICES PROVIDED: This program addresses community education on emergency preparedness, and deals with development and continuous improvement of the Cowlitz County Public Health Response plan as a portion of the County’s overall comprehensive emergency response plan. This program also trains, exercises and directs responses to public health emergencies.

- FEES: None
Employment/Job Training
Division of Vocational Rehabilitation (DVR)
Department of Social and Health Services
711 Vine Street
P.O. Box 330
Kelso, WA 98626
(360) 501-2499
Toll Free: 1-866-893-1047
TTY – (360) 501-2542
Fax: (360) 578-4174
Website: http://www1.dshs.wa.gov/dvr

- **SERVICES PROVIDED:** Transition from School to Work Program, Vocational Assessment, Counseling and Guidance, Restoration, Job Preparation, Support Services, Job Match/Placement, Follow-Up and Post-Employment. Services provided to individuals with disability employment limitations.

- **FEES:** None

- **REFERRAL PROCEDURE:** Call or come in to apply.
Job Placement Services
Work Opportunity Center Cowlitz County/Goodwill
1030 – 15th Avenue, Suite 300
Longview, WA 98632
(360) 501-8340
Fax: (360) 423-6257

- **SERVICES PROVIDED:** Vocational Training, Vocational Assessments, Job Placement and Retention for individuals with documentable disabilities.

- **REFERRAL PROCEDURE:** Potential clients would apply for vocational services through the Division of Vocational Rehabilitation and once accepted would request that the Work Opportunity Center of Cowlitz County be their vocational trainer/employment vendor.
Vocational Training
Work Opportunity Center Cowlitz County/Goodwill
1030 – 15th Avenue, Suite 300
Longview, WA 98632
(360) 501-8340
Fax: (360) 423-6257

- SERVICES PROVIDED:
  - Custodial Training
  - Computer Training
  - Office Skills Training
  - Warehouse and Logistics Training
  - Construction Trade Training

- REFERRAL PROCEDURE: Call the Work Opportunity Center to speak to the coordinators of each training program to discuss eligibility requirements. If a client is working with the Division of Vocational Rehabilitation or Labor and Industries for training, they can request their training be conducted through WOCC.
Worksource
305 South Pacific, Suite A
Kelso, WA 98626
(360) 577-2250
Fax: (360) 577-2039
e-mail: bsucowlitz@esd.wa.gov
Website: www.worksourcewa.com

- **SERVICES PROVIDED:** Washington’s premier one-stop employment center for job seekers and employers. Free of charge job search resources, computer labs, workshops, employer connections and professional consultations.

- **FEES:** Free

- **REFERRAL PROCEDURE:** Open to the general public Monday through Friday 8AM – 5PM. Job referrals 8AM – 4PM. Drop in for self-service resources anytime.
Family Planning/
Maternity Services
Birthright of Longview
676 26th Avenue
Longview, WA 98632
(360) 423-2900
CRISIS LINE: 1-800-550-4900

- **SERVICES PROVIDED:** Pregnancy testing, maternity clothes, layettes, disposable diapers, formula, crib mattresses, bedding and children’s clothing to age 2.

- **FEES:** No Charge

- **ADDITIONAL INFORMATION:** Birthright is a non-profit and non-denominational voluntary service corporation. They offer help, through care and concern, to any girl or woman distressed by an unplanned pregnancy. All services are free and confidential. Office Hours: Monday and Wednesday – 9:30AM-12PM.
Caring Pregnancy Center
1010 Fir Street
Longview, WA 98632
(360) 636-3333

- **SERVICES PROVIDED:**
  - Pregnancy Test
  - Prenatal and Postnatal Education
  - Caring Counseling
  - Help with Planning for the Future
  - Personal Support and Friendship
  - Help in Arranging Financial Assistance
  - Information and Education
  - Information on Community Services
  - Referral for Adoption Information, if requested
  - Maternity Clothes and Infant Accessories, if needed

- **FEES:** None

- **REFERRAL PROCEDURE:** To DSHS, First Steps, Parents Place, local churches, local doctors and adoption agencies.

- **ADDITIONAL INFORMATION:** Hours: Tuesday and Wednesday, 10AM – 4PM, Thursday 1:30PM-7PM. CPC is a Christian outreach ministry. CPC is committed to life and offers services that assist women to carry their babies to term. By the provision of God through his people and the community at large, women may face the future with hope and plan constructively for themselves and their babies.
Family Health Center
1057 - 12th Avenue, Longview (Family Planning)
1717 Olympia Way, Longview (First Steps)
1251 Lewis River Road, Woodland (Family Planning)
711 Vine, Kelso (Family Planning Nurse)
1057 – 12th Avenue, Longview (mailing address)

(360) 636-3892 (Longview Family Planning Clinic & Family Planning Nurse)
(360) 423-7740 (First Steps)
Fax: (360) 414-1114
e-mail: cfamhc@cfanhc.org
Website: Cowlitzfamilyhealth.org

- SERVICES PROVIDED:
  Family Planning
  - Pre-conception and family planning education
  - Women's Health Exam and Pap
  - Sexually Transmitted Disease Testing and Treatment
  - Pregnancy Testing and Counseling
  - Sterilization Counseling and Referral
  - Birth Control Supplies
  - Emergency Contraception
  - Referral to primary and specialty care

Family Planning Nurse at the DSHS Office
Helps Medicaid eligible women and men to access family planning services available in Cowlitz and Wahkiakum Counties. Information, education, and referrals. On site schedule varies. Call Family Health Center Longview Clinic for information.

First Steps
Education and support services for pregnant women and their children to age 1 who are on Medicaid and meet risk guidelines:
  - Social Work Counseling
  - Nutrition Counseling
  - Community Health Nursing
  - Infant Case Management

- FEES: Sliding fee based on family size and income before taxes. Medicaid and Medicare, Community Health Plan and most insurance accepted.

- ADDITIONAL INFORMATION: Information on community services, help with applications for public insurance, outreach to community locations and businesses.
Parents’ Place
928 23rd Avenue
Longview, WA 98632
(360) 414-9212
Fax: (360) 575-8123
E-mail: kgriffin@parentsplace.comcastbiz.net
Website: parentsplacelongview.org

- SERVICES PROVIDED:
  - Parenting Classes
  - Support Groups
  - Supervised Visitation
  - Home Visits
  - Resources and Referrals

- FEES: Varied

- REFERRAL PROCEDURE:
  - Partner Agencies
  - Courts
  - Pediatricians
  - Obstetricians
  - Social Workers
  - Children’s Services
  - Hospitals

- ADDITIONAL INFORMATION: Our mission here at Parents’ Place is to promote a community commitment to healthy parenting, to strengthen and support families and to ensure the well-being of children of all ages.
Women’s Health Pavilion
PeaceHealth Medical Group – Women’s Health
PeaceHealth St. John Medical Center – Women’s Health
1660 Delaware
Longview, WA 98632
(360) 414-2800
Toll Free: 1-800-438-7562

- **SERVICES PROVIDED:**
  
  **PeaceHealth Medical Group – Women’s Health**
  - Low and High Risk Pre-Natal Care
  - Four Obstetrician MD's/Two Nurse Practitioner Midwifes
  
  **PeaceHealth St. John Medical Center – Women’s Health**
  - Lactation Consultants
  - Ultrasounds
  - Massage Therapy
  - Bone Densitometry (preferred rather than Dexacans)
  - Urodynamic Testing
  - Conference Center
  - Gift Botique

- **FEES:** Call for fee information.

- **REFERRAL PROCEDURE:** Referral from Primary Care Physician as needed. Self-referral okay for women’s issues.

- **ADDITIONAL INFORMATION:** Linkages with: CDAC for substance abuse referral, Parents Place, WIC office and Maternity Case Managers, and interpreter services.
Within Reach
155 NE 100th Street, Suite 500
Seattle, WA 98125-6748
Toll Free: 1-800-322-2588
Fax: (206) 270-8891
Website: ParentHelp123.org

- **SERVICES PROVIDED:** Helps Washington State families apply for health and food programs online, and locate resources in their local communities. The website has health information for pregnant women, parents of new babies, and families with children.

- **ADDITIONAL INFORMATION:** Our mission is to serve as the foremost catalyst for improvements in maternal, child and family health.
Financial Services
Family Finance Resource Center
1201 Commerce Ave
Longview, WA  98632
(360) 423-9197

- **SERVICES PROVIDED:** We provide counsel to anyone struggling with financial stress. Stress may be due to credit issues, mortgage default, needing more income, reducing expenses, home buying assistance programs, etc. We are well networked in order to assist with a variety of needs.

- **FEES:** There are no fees for an initial consultation. Fees may be charged for follow-up activity.

- **REFERRAL PROCEDURE:** Anyone is free to call for an appointment.

- **ADDITIONAL INFORMATION:** Any information shared within the agency is confidential. Hours are Monday through Friday, 8:00AM-5:00PM
Social Security Administration
840 Ocean Beach Hwy #150
Longview, WA  98632
Toll Free:  1-800-772-1213
TTY:  1-800-325-0778
Website:  www.socialsecurity.gov

- **SERVICES PROVIDED:**
  - Retirement Benefits
  - Disability Benefits
  - Survivor Benefits
  - Supplemental Security Income (SSI)
  - Medicare

- **FEES:** None

- **REFERRAL PROCEDURE:** Call 1-800-772-1213 for all other information.

- **ADDITIONAL INFORMATION:** Office Hours: Monday – Friday 9:00AM – 3:30PM.
Food/Shelter/Clothing/etc.
SERVICES PROVIDED: The primary goal of Child Care Food Services is to help ensure that all children through age 11, in licensed day care homes, receive nutritionally balanced meals and snacks. The quality meals you serve help the children in your care develop normally by meeting their daily nutrition requirements set by the USDA, and required by Office of Child Care Policy for licensing. The cash reimbursement you receive for the meals you serve will cover a large portion of your childcare food bill.

FEES: Free

REFERRAL PROCEDURE: Call for an appointment today.

ADDITIONAL INFORMATION: By following the USDA nutritional guidelines and allowing our experienced staff to assist you, children in your care will be assured of having their dietary needs met. Quality Child Care and Child Nutrition Programs go hand in hand. Call to find how this food program can support you.
Community House on Broadway
1105 Broadway
P.O. Box 403
Longview, WA 98632
(360) 425-8679
Fax: (360) 425-5949

● SERVICES PROVIDED:
  ➢ Food
  ➢ Clothing
  ➢ Shelter
  ➢ Case Management.

Community House on Broadway provides food, clothing and shelter assistance to individuals and families in need. Clothing provided through "God's Closet" next door.

● REFERRAL PROCEDURE: Call Director

● ADDITIONAL INFORMATION: Under 18 years of age must be accompanied by a parent.
Emergency Support Shelter
P.O. Box 877
Kelso, WA 98626
(360) 425-1176
Fax: (360) 425-3970
Crisis Line: (360) 636-8471
(Both numbers are available 24 hours a day.)
Website: www.esshelter.com

• SERVICES PROVIDED:
  ➢ Safe temporary housing for survivors (women and children) of domestic violence and assault.
  ➢ Sexual assault/abuse and domestic violence individual and group support for residents and non-residents who are survivors of sexual abuse/assault and/or domestic violence and to significant others who are in need of assistance in dealing with their own feelings of victimization. This includes the non-offending parents of children who have been sexually abused/assaulted.
  ➢ Educational presentations to schools, community groups, etc., on various topics related to sexual assault/abuse and domestic violence.
  ➢ 24-hour crisis intervention, advocacy, information and referral for sexual assault/abuse and domestic violence.

• FEES: None

• REFERRAL PROCEDURE: Refer 24 hours a day through the shelter.
Family Health Center – WIC Program
1717 Olympia Way
Longview, WA 98632
(360) 423-7740
or
2151 Lewis River Road
Woodland, WA 98674
(360) 225-3953
1057 – 12th Avenue, Longview (mailing address)
Fax: (360) 423-7894
e-mail: cfamhc@dfamhc.org
Website: Cowlitzfamilyhealth.org

• SERVICES PROVIDED:
  WIC
  Supplemental nutrition services for pregnant and breastfeeding women and their children to age 5 who meet income and nutrition risk guidelines:
  ➢ Nutrition Assessment
  ➢ Nutrition Education
  ➢ Breastfeeding Support
  ➢ Food Vouchers

• FEES: No fee

• REFERRAL PROCEDURE: Call clinic for appointment.

• ADDITIONAL INFORMATION: Information on community services, help with applications for public insurance, outreach to community locations and businesses.
FISH of Cowlitz County
P.O. Box 135
Longview, WA  98632
(360) 636-1100

- **SERVICES PROVIDED:** A three-day supply of food, financial help with utility bills (power and water), prescriptions, dental emergencies, some medical, CUBS monthly passes, household items and clothing.

- **REFERRAL PROCEDURE:** Contact made by phone only.

- **ADDITIONAL INFORMATION:** FISH of Cowlitz County has been in operation in this area since 1971 with an ALL-VOLUNTEER group of dedicated people. The organization was established to provide emergency help and assistance to anyone in need. FISH has no office, no paid staff and all work is done out of private homes and local churches. FISH volunteers are trained to handle problems in an efficient, courteous and professional manner. Calls received by these volunteers are through a call-forwarding system. All donations to FISH are IRS Tax Deductible. FISH is a United Way Agency.
HELP Warehouse
Lower Columbia Community Action Council (CAP)
1526 Commerce Avenue
Longview, WA  98632
(360) 425-3430
Toll Free:  1-800-383-2101

- **SERVICES PROVIDED:** HELP Warehouse collects and distributes food to local food banks and provides USDA commodities to income eligible people. Occasionally, HELP Warehouse also has special items such as produce and fish. The Warehouse often has clothing and household items available, and provides information and referral for other services available to persons in need.

- **FEES:** There is no charge to low-income families.

- **REFERRAL PROCEDURE:** For more information about HELP Warehouse, please call (360) 425-3430 and ask for assistance.
Kalama Helping Hand
191 Cloverdale Road
Kalama, WA 98625
(360) 673-2814

- SERVICES PROVIDED: Food boxes including some household items, clothing, etc. Open Tuesday and Thursday 11:00 a.m. to 2:00 p.m.
Faith Center
1209 Minor Road
Kelso, WA 98626
(360) 577-0620

- **SERVICES PROVIDED:** Food Bank open 10:00AM-1:00PM on Thursday.

- **FEES:** None
Red Hat Thrift Store
1245 Commerce Avenue
Longview, WA  98632
(360) 578-1733

- ADDITIONAL INFORMATION:  Hours are 10:00AM to 5:00PM Monday through Friday and 11:00AM to 5:00PM on Saturday.
Salvation Army
1639 - 10th Avenue
P.O. Box 1218
Longview, WA 98632
Client #: (360) 423-3990

- SERVICES PROVIDED: Diverse outreach includes:
  - Food Boxes
  - Hot Lunches
  - Rental Service
  - Baby Needs
  - Clothing
  - Personal Care Items
  - Christmas Vouchers
  - Children's Toys

- FEES: None

- ADDITIONAL INFORMATION:
  - Food Box: Monday, Wednesday, Friday, 1:00-3:00PM
  - Hot Lunch: Monday through Friday, 11:15AM-12:30PM
  - Personal needs call (360) 423-3990 for information
  - Shower vouchers for YMCA always available – bring identification
  - Rental Assistance: Call at 9:00AM the 8th of each month to set up an appointment.
St. Vincent de Paul
1011 First Street
Longview, WA 98632
(360) 577-0662

- **SERVICES PROVIDED:** Maintains a food bank which offers food to anyone needing emergency assistance. Also provides clothing and personal care items.

- **FEES:** None

- **REFERRAL PROCEDURE:** Call (360) 577-0662 to make an appointment if in need of assistance. Open Monday, Wednesday and Friday 8:30–11:30AM; 1st and 3rd Tuesdays 5:00–6:00PM
Toutle Ranch Thrift Shop
1212 Commerce Avenue
Longview, WA  98632
(360) 423-6470

- **SERVICES PROVIDED:** Monday through Friday, 11:00 a.m. to 3:00 p.m. Donations always accepted during business hours.
Health
Services & Information
Alzheimer's Association
Western & Central Washington State Chapter
19031 33rd Ave W #301
Lynnwood, WA 98036
(206) 363-5500
Toll Free: 1-800-848-7097
Fax: (206) 363-5700
Website: www.alz.org/alzwa

- SERVICES PROVIDED:
  - Support Groups
  - Case Management
  - Education, Information
  - Referral

- ADDITIONAL INFORMATION: Call for more information or visit on the web.
American Cancer Society
1102 Broadway Suite #501
Tacoma, WA  98402
(253) 272-5368
Toll Free:  1-800-729-3880
Fax: (253) 272-4485
Website:  www.cancer.org

• **SERVICES PROVIDED:** Variety of patient services:
  ➢ Transportation
  ➢ Support Groups
  ➢ Wigs
  ➢ Volunteer Opportunities
  ➢ Cancer Information

• **FEES:** None

• **REFERRAL PROCEDURE:** Some services require a referral by a primary care physician or oncologist. Please call the 800 number for information in your area.

• **ADDITIONAL INFORMATION:** 24-hour info hot line at 1-800-729-3880. The American Cancer Society is the Nation-wide community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives from cancer, and diminishing suffering from cancer through research, education, advocacy and service.
American Diabetes Association WA  
180 W Nickerson St Suite #309  
Seattle, WA 98109  
(206) 282-4616  
Fax: (206)903-8107  
Website: www.diabetes.org

- **SERVICES PROVIDED:** Patient and professional activities, lending library, literature, reference and referral, summer camps for kids with diabetes, and youth activities.

- **FEES:** None  
  - ‘Support the Cure’ wristbands - $10.  
  - Diabetes e-news subscription - $24 per year

- **ADDITIONAL INFORMATION:**  
  - Free Consultation/Workshop Schedule: 1-888-342-2383  
  - Membership Questions: 1-800-806-7801
Child and Adolescent Clinic
971 11th Avenue
Longview, WA 98632
(360) 577-1771
Fax: (360) 423-9537
Website: www.candac.com

- **SERVICES PROVIDED:** Board certified pediatricians providing comprehensive care for all medical problems of babies, children and adolescents.

- **FEES:** Most insurance plans accepted including Healthy Options. Call for current listing.

- **ADDITIONAL INFORMATION:** Open seven days a week. Monday – Friday 7:30AM – 5:00PM. Saturday 9:00AM-11:45PM. Sunday 9:00Am-12:00PM.
Community Home Health & Hospice

Longview Office
1035 11th Avenue
P.O. Box 2067
Longview, WA 98632
(360) 425-8510
Toll Free: 1-800-378-8510
Fax: (360) 425-4667
or

- **SERVICES PROVIDED:** Home Health, hospice, and home care. A team of health professionals (nurses, aides, therapists and social workers) provide skilled care in the home. Also available under the home care program: Help with light housekeeping, meal preparation, errand running, shopping, and infant/child care. These tasks fall under private pay. The Hospice Care Center is a 12-bed inpatient hospice hospital available for terminally ill patients and their families.

Service Area: All of Cowlitz, Wahkiakum and Clark counties in Washington State and Columbia County, Oregon.

- **FEES:** Private health insurance and/or private pay. Also Medicare and Medicaid.

- **REFERRAL PROCEDURE:** A physician’s order is required for all home health and hospice services. Families or caregivers may request other private pay services.
Cowlitz County Health Department
1952 9th Avenue
Longview, WA  98632
(360) 414-5599 (push “0” to speak with the front desk)
Fax: (360) 425-7531
Website: http://www.co.cowlitz.wa.us/health

- SERVICES PROVIDED:
  - Communicable Disease Control & Prevention
    + HIV/AIDS Case Management Services
    + Syringe Exchange Program
  - Public Health Emergency Response
  - Maternal and Child Health
    + WorkFirst Evaluations
    + CSHCN (Children with Special Health Care Needs)
  - Environmental Health
    + Food Safety Program
    + Health Card Testing and Temporary Food Permits
    + Water Testing
    + Pool and Spa Testing
    + Zoonotic-Vector Control
  - Hepatitis C Educational Group
  - Community Health Assessment
  - Vital Records – Birth and Death Certificates
  - Healthy Homes
  - Cowlitz On The Move

- FEES: Specific to services.

- REFERRAL PROCEDURE: No referral needed.

- ADDITIONAL INFORMATION: Visit our website for detailed information.
SERVICES PROVIDED:
- Adult medical exams for urgent health care problems
- Referral to primary care providers
- Access to medication and prescription assistance services
- Access to lab and imaging services
- Referral to medical specialists as needed
- Referral to dental services
- Access to community resources and service organizations
- Enrollment for eligible clients in local, state and federally funded medical assistance programs
- Referral to chronic care management for eligible participants

FEES: None

REFERRAL PROCEDURE: Walk-in only except when referred for follow-up by clinic manager.

ADDITIONAL INFORMATION: The Cowlitz Free Medical Clinic is for adults, 18 and older, who live and/or work in the Cowlitz County region and have no medical insurance. The walk in clinic is open Wednesdays from 5:00PM– 8:00PM. No appointment necessary.
SERVICES PROVIDED: Currently, environmental health services are divided between two county agencies: The Health and Building & Planning Departments. The Health Department is responsible for food safety, water quality testing, chemical/physical hazards, recreational water safety, and zoonotic disease control and investigations. The Building & Planning Department is responsible for onsite sewage, solid waste, and one or two-house water systems. Please see below for more details:

HEALTH DEPARTMENT:

Food Safety
- Restaurant Inspection Reports
- Food Handler Testing
- Plan Review Process
- Food-borne Illness Investigations
- Food Establishment Permits (restaurants, grocery stores, taverns, etc.)

Chemical/Physical Hazards
- Clandestine methamphetamine lab site clean-up
- Mold and indoor air quality informational resources

Living Environment
- Recreational water safety – public or semipublic pools and spas

Zoonotic Diseases/Vector Control (diseases that are carried and spread to humans by animals or pests) Bats, rats, and mice control information. Mosquito Control District (mosquito complaints and control), West Nile Virus – dead bird reporting, animal bites/rabies

BUILDING AND PLANNING:
- Onsite Sewage (septic tank permits, sewage complaints)
- Solid Waste (solid waste, garbage complaints, landfill, permitting)
- One or two-house water system development

ADDITIONAL INFORMATION: Please visit our websites for information.
Family Health Center
1057 – 12th Avenue, Longview (Longview Clinic—Medical, Family Planning & Dental) (360) 636-3892
1717 Olympia Way, Longview (Olympia Way Clinic—First Steps & WIC) (360) 423-7740
1251 Lewis River Road, Woodland (Woodland Clinic—Medical, Family Planning & Dental) (360) 225-4310
335 Una, Cathlamet (Wahkiakum Clinic—Medical & Family Planning) (360) 795-3201
21610 Pacific Hwy, Ocean Park (North Beach Clinic—Medical, Family Planning & Dental) (360) 665-3000

• SERVICES PROVIDED:
  Medical Services
  ▶ Treatment and management of chronic diseases
  ▶ Urgent Care
  ▶ Preventative Health Care
    ▪ Well Child Checks
    ▪ Yearly Physicals
    ▪ Sports Physicals
    ▪ Immunizations
  ▶ Family Planning
    ▪ Birth Control Exams and Supplies
    ▪ Sexually Transmitted Disease Testing and Treatment
    ▪ Pregnancy Testing and Counseling
    ▪ Sterilization Counseling & Referral
  ▶ Referral for Specialty & Hospital Services
  Dental Services
  ▶ Primary Prevention
    ▪ Comprehensive Exams
    ▪ Cleaning/Fluoride
    ▪ Sealants
    ▪ Education
  ▶ Restorative Services
    ▪ Fillings
    ▪ Crowns
    ▪ Root Canal
  ▶ Emergency Services
    ▪ Emergency Exam
    ▪ X-Ray
    ▪ Extractions
  ▶ Referral for Specialty & Hospital Services
  Outreach Services
  Information to inform our communities of
  FHC services and assistance to those using
  FHC services in accessing supporting services:
  ▶ Help completing Medicaid, Basic Health
    Plan and Take Charge applications
  ▶ Help completing drug company sponsored
    Prescription Assistance Programs
  ▶ Community Health Education
  ▶ Health Fairs
  First Steps Services
  Education and support services for pregnant women
  their children to age 1 who are on Medicaid and
  meet risk guidelines:
  ▶ Social Work Counseling
  ▶ Nutrition Counseling
  ▶ Community Health Nursing
  ▶ Infant Case Management
  WIC Services
  Supplemental nutrition services for pregnant and
  breastfeeding women and their children to age 5
  who meet income and nutrition risk guidelines:
  ▶ Nutrition Assessment
  ▶ Nutrition Education
  ▶ Breastfeeding Support
  ▶ Food Vouchers

• FEES: Sliding fee based on family size and income before taxes. Medicaid, Medicare, Community Health Plan and most insurance accepted.

• REFERRAL PROCEDURE: Call clinic for appointment.

• ADDITIONAL INFORMATION: Information on community services, help with applications for public insurance, outreach to community locations and businesses.
HIV/AIDS Hotline
Washington State Department of Health
111 Israel Road
P.O. Box 47840
Olympia, WA 98504-7840
Toll Free: 1-800-272-2437
Fax: (360) 236-3400

- **SERVICES PROVIDED:** Information and referrals to local, state and national resources; a statewide toll-free hotline; education and information for HIV/AIDS educators, individuals, agencies and organizations. The office of Client Services, which administers the drug reimbursement and early intervention programs, may be accessed through the hotline.

- **FEES:** None

- **REFERRAL PROCEDURE:** None

- **ADDITIONAL INFORMATION:** The hotline number is 1-800-272-2437.
Kaiser Permanente
1230 7th Avenue
Longview, WA 98632
(503) 813-2000
Toll Free: 1-800-257-2001 or 1-800-735-2900
Website: www.kaiser-permanente.org

- SERVICES PROVIDED: Medical, mental health and dental services for those with Kaiser Permanente insurance coverage.

- FEES: Co-pays vary.

- REFERRAL PROCEDURE: Must be a member to receive services.

- ADDITIONAL INFORMATION: On site pharmacy and health education classes. No urgent care or emergency services.
Lower Columbia Women’s Clinic
790 14th Avenue
Longview, WA 98632
(360) 423-2450
Toll Free: 1-800-627-4967
After Hours: (360) 636-9500
Fax: (360) 425-4969
Website: www.lowercolumbiawomensclinic.com

• SERVICES PROVIDED: Our goal is to offer personal, continuous, expert and courteous medical attention in our obstetrics and gynecology. Our physicians are certified specialists in women’s health care and are Fellows in the American College of Obstetricians and Gynecologists. We offer a broad scope of knowledge and expertise and continuous and ongoing emergency coverage. All of the doctors maintain up-to-date information and credentials for your modern OB/GYN care.

• FEES: Private health insurance and/or private pay. Also Medicare and Medicaid.

• ADDITIONAL INFORMATION: All of our physicians have active privileges at PeaceHealth St. John Medical Center.
PeaceHealth St. John Medical Center
1615 Delaware Street
P.O. Box 3002
Longview, WA 98632
(360) 414-2000
Toll Free: 1-800-438-7562
Website: www.peacehealth.org

- **SERVICES PROVIDED:** Primary care, specialty care, hospital services including imaging, lab, surgical, obstetrics, physical rehab, occupational therapy, emergency services and wellness program. On-site pharmacy. Interpretation services.

- **FEES:** Call to determine if your insurance is accepted.

- **REFERRAL PROCEDURE:** Varied

- **ADDITIONAL INFORMATION:** Any questions can be answered by calling the hospital’s main line at (360) 414-2000.
Pediatric Clinic
784 14th Avenue
Longview, WA  98632
(360) 425-6111
After Hours:  (360) 577-0337
Fax: (360) 636-1297
Website:  www.Pedsclinic.com

- SERVICES PROVIDED: Comprehensive care for all medical problems of babies, children and adolescents. Open 6 days a week. We speak Spanish.

- FEES: Most insurance plans accepted including Healthy Options and Medicaid. Call for current listing.
Rx Help for Washington
Toll Free: 1-877-923-6779
Website: www.rxhelpforwa.org

- **SERVICES PROVIDED:** Rx Help for Washington is a website designed to help low-income, uninsured Washington residents get access to patient assistance programs where they may qualify for free, or nearly free, prescription medicines.

- **FEES:** Free or discounted.

- **ADDITIONAL INFORMATION:** If you have questions about RxHelpforWA or your medications consult your physician or pharmacist.
Statewide Health Insurance Benefits Advisors (SHIBA)
1526 Commerce Avenue
Longview, WA  98632
(360) 425-3430 ext. 304
Fax:  (360) 425-8724
e-mail:  anitah@lowercolumbiacap.org
Website:  www.lowercolumbiacap.org or www.oic.wa.gov

• SERVICES PROVIDED:  Free counseling regarding access to healthcare and help understanding Medicare/Medicaid.

• FEES:  None

• REFERRAL PROCEDURE:  Just call the number above to arrange appointment to speak to a volunteer either in person at CAP or on the phone.  The volunteers are trained by the Office of the Insurance Commissioner.

• ADDITIONAL INFORMATION:  The service is free, non-biased and confidential.
Washington Poison Center
155 NE 100th Street, Suite 100
Seattle, WA  98125-8011
Toll Free:  1-800-222-1222
TDD:  1-800-222-1222
Website:  www.wapc.org

- **SERVICES PROVIDED:** Initial assessment and management information for poison exposures and poison information.

- **FEES:** None

- **REFERRAL PROCEDURE:** None

- **ADDITIONAL INFORMATION:** Open 24 hours, year-round (including holidays). We connect with the AT&T Language Line immediately if an interpreter is needed for foreign language callers in any language.
Women’s Health Pavilion
PeaceHealth Medical Group – Women’s Health
PeaceHealth St. John Medical Center – Women’s Health
1660 Delaware
Longview, WA 98632
(360) 414-2800
Toll Free: 1-800-438-7562

• SERVICES PROVIDED:

PeaceHealth Medical Group – Women’s Health
➢ Low and High Risk Pre-Natal Care
➢ Four Obstetrician MD’s/Two Nurse Practitioner Midwifes

PeaceHealth St. John Medical Center – Women’s Health
➢ Lactation Consultants
➢ Ultrasounds
➢ Massage Therapy
➢ Bone Densitometry (preferred rather than Dexacans)
➢ Urodynamic Testing
➢ Conference Center
➢ Gift Botique

• FEES: Call for fee information.

• REFERRAL PROCEDURE: Referral from Primary Care Physician as needed. Self-referral okay for women’s issues.

• ADDITIONAL INFORMATION: Linkages with: CDAC for substance abuse referral, Parents Place, WIC office and Maternity Case Managers, and interpreter services.
Housing
Cowlitz County Habitat for Humanity
1323 13th Ave S
Kelso, WA 98626
(360) 636-6765
Website: www.cowlitzhabitat.org

- SERVICES PROVIDED: Cowlitz County Habitat for Humanity (CCHFH) works together with people from all walks of life, to develop partnerships with people in need by building and renovating houses, creating simple and affordable homes in decent communities.

REFERRAL PROCEDURE: The selection of families who will purchase homes from Cowlitz County Habitat for Humanity will be done by the Family Selection team in a way that does not discriminate because of race, color, religion, sex, handicap, familial status, sexual orientation, age, gender identity or national origin or because all or part of the applicant’s income is derived from public assistance programs.

ADDITIONAL INFORMATION: Habitat for Humanity provides a unique opportunity for hardworking families to build and buy their own homes. Our homes are sold at no profit to our homeowner families, with a minimal down payment and a 0% interest mortgage.
Energy & Housing Services
Lower Columbia Community Action Council (CAP)
1526 Commerce Avenue
Longview, WA 98632
(360) 425-3430

- **SERVICES PROVIDED:** Assistance to low-income persons needing help in paying for their winter heating costs. Weatherization is available to low-income families to improve energy efficiency by installing insulation, weather stripping, windows and caulking. Housing services include low-income owner-occupied housing rehabilitation in targeted areas of Cowlitz and Wahkiakum counties. LCCAC also offers two self-help housing programs for low-income families willing to invest sweat-equity by constructing their own homes under the supervision of LCCAC staff. HEAT (Home Energy Audit Team) professionals will test and evaluate your home for energy efficiency. Energy conservation classes.

Additionally, LCCAC offers transitional housing units and affordable rental units to low-income families.

- **FEES:** Varies with program.

- **REFERRAL PROCEDURE:** For more information about energy, weatherization and housing rehabilitation, please call 425-3430 and ask for Energy and Housing Services. For information about building your own home, please call the same number and ask for Self-Help Housing.
Kalama Housing Authority
226 Cloverdale Road
Kalama, WA  98625
(360) 673-3444

- SERVICES PROVIDED: Low income housing for the city of Kalama.
Kelso Housing Authority
1415 South 10th
Kelso, WA 98626
(360) 423-3490
Fax: (360) 577-6694
Website: www.kelsoha.org

• SERVICES PROVIDED: Rental assistance programs and housing opportunities, including coordination of needed social services to assist low and moderate income singles, families, persons with disabilities, and victims of domestic violence in their effort to attain stable, affordable, safe, decent and sanitary housing.

• FEES: Services are free. Rental assistance programs are income-based and require approximately 30% of the family’s gross monthly income.

• REFERRAL PROCEDURE: Applications for Section 8 Housing Choice Voucher rental assistance and Public Housing programs are available in the Kelso Housing Authority lobby and are downloadable from the www.kelsoha.org website. Applications for housing at the Chinook and Columbia Apartments for persons with mental health support services are available through local mental health support service agencies.
SERVICES PROVIDED: Rent assistance for eligible low-income families and singles in Cowlitz, Wahkiakum, Pacific and Lewis counties. For those receiving housing assistance, the voluntary Family Self-Sufficiency (FSS) program helps families obtain education, job training, and life skills necessary to move toward financial self-sufficiency, as well as becoming homeowners. As an FSS family's earned income increases, HUD puts money aside for them in an escrow account that can be used for education, buying a home, or starting a business. Participating FSS families are eligible to participate in our Section 8 Home Ownership Program. Homeownership opportunities are also available through the Self-Help Rehabilitation Homeownership Program. LHA has also partnered with Veterans Affairs to provide onsite case management services for homeless veterans participating in the State Funded TBRA program.

FEES: There is no charge for the services provided. Families generally pay approximately one third of their monthly income toward their rent, and the Housing Authority pays the rest directly to the landlord.

ADDITIONAL INFORMATION: It is not necessary to provide any financial information when initially applying for admission to the program. However, proof of date of birth, citizenship, and Social Security number are required when the family submits an application.
Legal Services
CLEAR
Northwest Justice Project
Toll Free: 1-888-201-1012
Over Age 60: 1-888-387-7111
Website: www.nwjustice.org

- **SERVICES PROVIDED:** CLEAR is Washington’s toll-free, centralized intake, advice and referral service for low-income people seeking free legal assistance with civil legal problems.

- **FEES:** Call for fees.

- **REFERRAL PROCEDURE:** Before we can assist you, we must determine that you are eligible for services. In most counties, persons who are 60 and over will not be denied assistance based on their financial situation. Due to limited resources, lawyers and paralegals are not able to assist every caller; services are targeted to problems that affect basic needs such as housing, income, medical care and family safety.
SERVICES PROVIDED: Court Appointed Special Advocates. A CASA Advocate is a trained community volunteer, appointed by a judge to represent the best interests of a child in court. Once appointed to a case, the CASA volunteer becomes an official part of the judicial proceedings, working along side attorneys and social workers as an appointed officer of the court. "We are the voice of the child in court."

FEES: No Fees. 30 hours of training prior to appointment to a case.

REFERRAL PROCEDURE: Anyone 21 years or older may apply to become a CASA volunteer by contacting the CASA office.
 SERVICES PROVIDED: Cowlitz County Family Court is the investigative agency of Superior Court. The program does provide:
➢ Court-ordered residential placement investigations.
➢ Adoption Searches - assisting adoptees or birth parents in petitioning Superior Court to open Cowlitz County adoption files.
➢ Minimum Age Waivers - assisting parent/legal guardian of minor under the age of 16, in petitioning the Superior Court for an order allowing the minor to marry. Specific criteria must be met.

 FEES: Fees are assessed for residential placement studies pursuant to an order of Superior Court based upon the parties' ability to pay.

 REFERRAL PROCEDURE: Referrals are made through a Superior Court order directing Family Court to conduct residential placement investigations.

 ADDITIONAL INFORMATION: The staff is not comprised of attorneys and cannot give legal advice or recommend specific attorneys to assist in legal matters.
Cowlitz-Wahkiakum Counties Legal Aid Program
1338 Commerce Avenue, Suite C
Longview WA, 98632
(360)425-2579
Fax: (360)234-4665

- **SERVICES PROVIDED:** Service for low-income people, who have qualified by calling the CLEAR hotline, to obtain FREE legal assistance with civil problems.

- **FEES:** Free - you must qualify as low-income.

- **ADDITIONAL INFORMATION:** Contact the Legal Aid Program for further information. To be referred for free civil legal services, call Northwest Justice Project's CLEAR hotline at 1-888-201-1014 Monday through Friday from 9:15AM until 12:15PM and also on Tuesdays from 3:30PM until 6:15PM.
SAFE Program  
P.O. Box 877  
Kelso, WA 98626  
(360) 425-1176  
FAX: (360) 425-3970

- **SERVICES PROVIDED:**
  - Free and confidential assistance for victims of crime in Cowlitz, Wahkiakum and Clark counties.
  - 24/7 Crisis Intervention
  - Individual Advocacy
  - Medical Advocacy
  - Legal Advocacy

- **REFERRAL PROCEDURE:** Call for appointment. Must be a victim of crime to qualify for services.

- **ADDITIONAL INFORMATION:** All services are free and confidential. Crime does not need to have been reported to law enforcement.
SAFE Program
Emergency Support Shelter
1330 11th Ave
Longview, WA
(360) 425-1176
Fax: (360) 425-3970

• **SERVICES PROVIDED:**
  ➢ Protection order assistance for victims of domestic violence
  ➢ Assistance with Sexual Assault Protection orders
  ➢ Assistance with Anti-Harassment orders
  ➢ Assistance gathering information for dissolutions and parenting plans
  ➢ Court accompaniment

• **REFERRAL PROCEDURE:** Call for appointment. Must be a victim of domestic violence, sexual assault or other crime to qualify for services.

• **ADDITIONAL INFORMATION:** All services are free and confidential.
Victim/Witness Division  
Cowlitz County Prosecuting Attorney  
Hall of Justice  
312 SW First  
Kelso, WA  98626  
(360) 577-3080  
Fax: (360) 414-9121

- **SERVICES PROVIDED:** Assists victims of and witnesses to crimes throughout the county. The victim-witness staff will assist them through the criminal justice system, helping them file for Crime Victim’s Program compensation and attempting to alleviate their many concerns and anxieties. Referrals to community resources, victim advocacy, transportation and travel arrangements.

- **FEES:** None

- **ADDITIONAL INFORMATION:** Crime Victim’s Program will cover medical bills and counseling of violent crimes.
Mental Health/ Counseling/Support Groups
A Child's Place
600 Broadway
Longview, WA 98632
(360) 414-2222
Fax: (360) 414-2220
Website: www.peacehealth.org/LowerColumbia

- **SERVICES PROVIDED:** A Child's Place serves families and children who need professional assistance with behavioral and emotional concerns, psychiatric evaluation and medication management.

- **FEES:** Please call regarding fees.

- **REFERRAL PROCEDURE:** Referrals are generally accepted for any child meeting eligibility criteria.

- **ADDITIONAL INFORMATION:** Evaluation and treatment services will be conducted at A Child's Place. All services will be by appointment only. Office hours are Tuesday through Thursday 8:00AM-7:00PM and Friday 8:00AM-5:00PM.
Adult-Marital-Family-Child Counseling Center
1417 15th Avenue #4
Longview, WA  98632
(360) 636-2802

SERVICES PROVIDED:  The Adult-Marital-Family-Child Counseling Center has individual and family counseling, with specialization in marital therapy. Also, specialize in survivors of sexual abuse and sex offenders.
Cascade Psychological Services
783 Commerce, Suite 200
Longview, WA  98632
(360) 423-2750
Fax: (360) 423-2639

- **SERVICES PROVIDED:** Psychotherapy services for anxiety and depression for adults.
- **FEES:** Usual and customary, most insurance accepted.
- **ADDITIONAL INFORMATION:** Children are not seen.
Clear Choices Counseling
803 Vandercook Way, Suite #9
Longview, WA 98632
Mailing address: P.O. Box 1400, Kalama, WA 98625
(360) 431-9987
Fax: (360) 539-0010

• SERVICES PROVIDED: Providing affordable, compassionate and supportive counseling for children, teens, adults, families and groups.

- Play therapy and Sand Tray therapy
- Personal Growth counseling
- Decision-making and transition counseling
- Relationship Counseling
- Blended family/divorce recovery
- Communication & Conflict Management Skills Training
- Parent support group for parents of strong willed kids/teens
- Anxiety/Stress disorders
- Depression & Grief work

• FEES: Please call regarding fees. Most insurance accepted.

• REFERRAL PROCEDURE: Call (360) 431-9987 for information.
Columbia Counseling
1329 Broadway #204
Longview, WA  98632
(360) 425-1322

• SERVICES PROVIDED:
  ➢ Family Counseling
  ➢ EMDR (Eye Movement Desensitization and Reprocessing)
  ➢ Hypnotherapy
  ➢ Individual Counseling

• FEES: Each therapist sets own fees. Usually $125/hour. Fees can be negotiated.
Counseling Services & Associates
Sexual Abuse and Prevention Program
1157 3rd Avenue, Suite 100
Longview, WA 98632
(360) 577-8871

- **SERVICES PROVIDED:** Counseling Services and Associates, in coordination with the Emergency Support Shelter, has been awarded grant funding to provide services that focus on prevention and treatment for sexual assault to residents of Cowlitz County.

  The following services are offered:
  - Brief Individual and Family Therapy for Adults and Children, Support Groups
  - Group Therapy for Adults, Adolescents and Children

- **FEES:** No Cost Services

- **REFERRAL PROCEDURE:** Please contact us to inquire about counseling services or to request community education presentations.

- **ADDITIONAL INFORMATION:** Services are primarily offered to individuals who are without health insurance or to individuals who do not have access to these specialized counseling services.
Cowlitz County Human Services
1952 9th Avenue
Longview, WA 98632
(360) 414-5599

• SERVICES PROVIDED: Information pertaining to Mental Health Services for Medicaid-eligible individuals in Cowlitz County.

• FEES: None

• REFERRAL PROCEDURE: Contact mental health provider directly for referral.

• ADDITIONAL INFORMATION: Cowlitz County’s Human Services Department is responsible for overseeing contracts with mental health providers to provide a range of mental health services to Medicaid-eligible people who reside in Cowlitz County. The contracted agencies are:

  Center for Behavioral Solutions
  600 Broadway
  Longview, WA 98632
  (360) 414-2280

  Lower Columbia Mental Health Center
  921 – 14th Avenue
  Longview, WA 98632
  (360) 423-0203

  Youth & Family Link
  907 Douglas Avenue
  Longview, WA 98632
  (360) 423-6741
Legacy Counseling Services
836 Maple Street
Longview, WA  98632
(360) 501-4122
e-mail:  wayne@langlinslegacy.com
Website:  www.wayneanglin.com

• SERVICES PROVIDED: Focusing on Solutions: Effective Skills for Day to Day Living

Specialist in providing counseling for:
➢ Post Traumatic Stress Disorder (PTSD)
➢ Combat Veterans, Victims of Domestic Violence & Sexual Assault
➢ Individual, Family, Couple, Teen & Child Therapist
➢ Anger Management Evaluations & Counseling
➢ Power & Control Issues
➢ Transition or Adjustment Problems (loss, new marriage, etc.)
➢ Difficult Children, Teens & Spouses
➢ ADD/ADHD & School Problems

• FEES: Call for fees.
  ➢ Most insurances accepted
  ➢ Cash clients/VISA/MasterCard
  ➢ Medical Coupons – Call for eligibility
Columbia Wellness
921 14th Avenue
Longview, WA 98632
(360) 423-0203
Washington Relay Service for the Hearing Impaired: 711
Fax: (360) 423-2311

24-Hour Crisis Line: (360) 425-6064 – Toll-free: (800) 803-8833

- SERVICES PROVIDED: Comprehensive outpatient mental health services including psychiatry, psychological evaluations, medications, therapy, case management, school-based programs, and private employee assistance plans. HIP (Healing Intervention Prevention) – Program funded by the United Way that allows child mental health specialists to provide free services to children in targeting schools.

- FEES: Sliding fee schedule based on the number living in the household and total gross monthly income. Most insurance accepted.

- ADDITIONAL INFORMATION: Open Monday-Thursday, 8:00AM – 6:00PM and Friday, 8:00AM – 5:00PM. Also known as Cowlitz County Guidance Association.
Northwest Psychological Resources
945 11th Avenue, Suite B
Longview, WA 98632
(360) 414-8600
e-mail: admin@nwpsych.com
Website: www.nwpsych.com

- SERVICES PROVIDED: Broad-based Psychological Services

- FEES: Northwest Psychological Resources is often able to accept patients for low-cost counseling provided by an intern or resident under licensed supervision. Call for more information about appointment availability and fees. Unfortunately, most Medicaid must be referred to the Access Center.

- REFERRAL PROCEDURE: Telephone the office. If needed, the office staff can help select the appropriate provider for the patient. Patients may also call directly to set up an initial appointment. Remember that some insurance requires a PCP referral. Providence Health Plan does not require PCP referral.

- ADDITIONAL INFORMATION: For further information, visit the website for forms and doctor descriptions. Office hours are 8:30AM – 4:30PM, Monday – Friday.
PeaceHealth Behavioral Health
600 Broadway St
Longview, WA 98632
(360) 414-2129 (Administration)
(360) 414-2236 (Outpatient)

- SERVICES PROVIDED:

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>A Child's Place</td>
<td>Child, Adolescent &amp; Family Counseling &amp; Psychiatry</td>
<td>(360) 414-2222</td>
</tr>
<tr>
<td>Center for Behavioral Solutions</td>
<td>Public Mental Health Treatment for Children, Adults &amp; Elderly</td>
<td>(360) 414-2236</td>
</tr>
<tr>
<td>Behavioral Health Outpatient Clinic</td>
<td>Adult, Geriatric &amp; Family Counseling &amp; Psychiatry</td>
<td>(360) 414-2236</td>
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<tr>
<td>St. John Medical Center</td>
<td>Inpatient Psychiatric for Adults Primarily</td>
<td>1615 Delaware Street</td>
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<tr>
<td></td>
<td></td>
<td>Longview, WA 98632</td>
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<td></td>
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<td>(360) 414-2000</td>
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</tbody>
</table>
Riverview Psychiatric & Counseling Service
921 14th Avenue
Longview, WA 98632
(360) 577-0266
Cowlitz County 24-Hour Crisis Response: (360) 425-6064
Fax: (360) 577-0269

- SERVICES PROVIDED:
  - Individual Therapy
  - Family Therapy
  - Couples and Marital Therapy
  - Psychiatric Medications
  - Psychiatric Evaluations
  - Multi-Agency Team Treatment
  - Intelligence Testing
  - Personality Assessment
  - Psychological Evaluations
  - Vocational Assistance
  - Employment Assistance Program
  - Case Management
  - Seminars and Workshops

- FEES: Copay due at time of appointment. Individual with proof of low income may qualify for subsidized rates at Lower Columbia – call (360) 423-0203.

- ADDITIONAL INFORMATION: Riverview is a service of Cowlitz County Guidance Association.
Washington Recovery Help Line
1-866-789-1511
Website: www.waRecoveryHelpline.org

- **SERVICES PROVIDED:** 24-Hour support for people dealing with substance abuse, problem gambling and mental health issues, and providing referrals to treatment and support services.

- **FEES:** Free

- **ADDITIONAL INFORMATION:** This statewide help line is operated by Crisis Clinic and funded by the Department of Social and Health Services’ Division of Behavioral Health and Recovery.
Miscellaneous Services & Agencies
Big Brothers Big Sisters of SW Washington
2424 Heritage Ct SW Suite 302
Olympia, WA 98502
(360) 943-0409
Website: www.bbbs.org

SERVICES PROVIDED: Big Brothers Big Sisters makes meaningful, monitored matches between volunteers and children, age six through 18, in our community. We develop positive relationships that have a direct and lasting effect on the lives of young people.

FEES: No fees

REFERRAL PROCEDURE: Referred by parent, guardian, counselor, teacher or caseworker.

ADDITIONAL INFORMATION: Our goal is to provide youth with a caring, screened, trained, adult mentor for the duration of one year to provide friendship and guidance. We believe that in that one year, a child can develop some of the assets needed to make good decisions for their future.
• **SERVICES PROVIDED:** Services available to families and individuals, including cash, medical, food, child care and social services. The CSO administers state and federal public welfare programs. These include medical programs for aged, blind and disabled individuals, children and pregnant women. We also administer medical programs that assist Medicare recipients with their co-pays and deductibles and with drug and alcohol treatment. There are other medical assistance programs available so we encourage anyone to apply who may be in need of medical assistance. We offer the Basic Food (Food Stamp) program. Cash programs include assistance for low-income families or pregnant women and for incapacitated adults. We offer the Working Connections Child Care (WCCC) program to help with child care expenses. Please call us for information on our services.

Applications for all programs can be made online at www.washingtonconnection.org. Please call the toll-free number above to apply for WCCC.
Cowlitz AmeriCorps Network  
Life Works  
906 New York Street  
Longview, WA 98632  
(360) 577-5859  
Fax: (360) 577-9137  
e-mail: jbergman@lifeworkswa.org  
Website: www.lifeworkswa.org

- **SERVICES PROVIDED:** A proud member of the AmeriCorps National Service Network, Cowlitz AmeriCorps Network enrolls members every summer to work in non-profit agencies and schools throughout Cowlitz County to increase literacy, assist people with disabilities to live more productive lives, help our communities Veterans improve their lives, and to increase volunteerism in our community. Members also plan and participate in four service projects every year helping to increase awareness of the importance of volunteering and taking care of our community. Member benefits include a living allowance during their 11 months of service, which runs from August through June. Upon successful completion of their hours of service, members receive an education award. Non-profit agencies and schools receive 1700 hours of service from a member between August and June to help the agency or school fulfill their mission. Full-time positions are available with the possibility of part-time positions. Details are available at the office.

**FEES:** Non-profit agencies and schools must pay a fee for the year for a full-time member who will give them 1700 hours of service during the 11 months of service.

- **REFERRAL PROCEDURE:** Applications to be an AmeriCorps member are due each June and can be picked up at the office or found on-line at www.lifeworkswa.org. Non-profit groups and schools may apply to have a member work for their organization by contacting the office and completing an application due each April.
Cowlitz County District Court
Hall Of Justice – Room 207
312 SW First Avenue
Kelso, WA  98626
(360) 577-3073
Fax: (360) 577-3132
e-mail: dctcourt@co.cowlitz.wa.us
Website:  www.co.cowlitz.wa.us/districtcourt

- SERVICES PROVIDED: Cowlitz County District Court processes misdemeanor criminal
  and traffic charges issued by the Washington State Patrol, Cowlitz County Sheriff, Cowlitz
  County Prosecutor, cities of Kelso, Kalama and Longview, and State Department of Fish,
  Wildlife and Natural Resources. Cowlitz County, the cities of Kelso, Longview, Castle Rock,
  Woodland and Kalama and the Humane Society also file charges with the District Court.
  District Court also has jurisdiction to handle civil matters up to $75,000, domestic violence
  and small claims. Name changes are also filed in the District Court. Persons must provide
  their own paperwork.

- FEES: Small Claims (a $5,000 maximum claim) has a $24.00 filing fee. Anti-Harassment
  claim has a $63.00 (cash only) filing fee. (Both of these actions require a guardian ad
  litem appointed for individuals under 18 years of age.) Name changes have a $140.00
  (cash only) filing fee. Hours: Monday-Friday – 8:30AM-5PM
Cowlitz County Juvenile Department
AKA: Cowlitz County Youth Services Center
1725 South 1st Avenue
Longview, WA 98632
(360) 577-3100
Fax: (360) 414-9280
Website: www.co.cowlitz.wa.us/juvenile

- SERVICES PROVIDED: The Cowlitz County Juvenile Department is a branch of the Superior Court of Cowlitz County. We provide primary intervention for youth under the age of 18 who are alleged to have committed or have been found to have committed criminal offenses. Services include individual and family counseling, community referral resources and juvenile court. Besides criminal offenses, we handle youth under 15 year of age that are alleged to have committed traffic or boating violations, and/or wildlife violations. We provide court ordered pre- and post- adoption reports and emancipation studies. Minor first time offenses, violations and infractions are handled by the Diversion Program. The matters are handled on an informal basis between the youth, his/her parent and the Diversion Counselor.

The Juvenile Court also provides the legal forum for a variety of other matters related to juveniles, these include: Dependency and Termination proceedings (allegations of abuse, neglect, abandonment and/or no parent or guardian willing or capable); At-Risk Youth (ARY) and Child in Need of Services (CHINS) proceedings; and Truancy proceedings. In some cases, probation staff works with the youth and his or her family in resolving conflicts when DSHS is not involved.
Cowlitz County United Way
1338 Commerce Avenue, Suite 206
Longview, WA  98632
(360) 423-5320
Website:  www.cowlitzunitedway.org

- **SERVICES PROVIDED:** The goal of Cowlitz County United Way is to provide leadership and support for the community in addressing social issues through consolidated fundraising and allocation of resources to meet community needs. Agencies supporting this goal may be considered as partners if chosen to receive grant for a fiscal year.

- **FEES:** N/A

- **REFERRAL PROCEDURE:** Every year on November 1, Cowlitz County United Way opens the “Request for Proposal” process on the United Way web page. Organizations applying for funding must meet the minimum requirements listed and complete the attached e-grant. The process is open to any 501(C)3 Health and Human Services organization. Decisions for funding are made the final week of March the following year.

- **ADDITIONAL INFORMATION:** Cowlitz County United Way also sponsors two county wide initiatives, Born Learning and WIN 211. These initiatives are funded completed with other grant monies not associated with the annual fund drive.
Crime Victim Advocacy Program
Emergency Support Shelter
1330 11th Avenue
Longview, WA 98632
(360)703-3762
Website: www.esshelter.com

- SERVICES PROVIDED:
  - Free and confidential assistance for victims of crime in Cowlitz, Wahkiakum and Clark counties.
  - 24/7 Crisis Intervention
  - Individual Advocacy
  - Medical Advocacy
  - Legal Advocacy

- REFERRAL PROCEDURE: Call for appointment. Must be a victim of crime to qualify for services.

- ADDITIONAL INFORMATION: All services are free and confidential. Crime does not need to have been reported to law enforcement.
Department of Labor and Industries
Washington State
711 Vine Street
Kelso, WA  98626
(360) 575-6900
Fax: (360) 575-6918
Website: www.lni.wa.gov

- **SERVICES PROVIDED:** L&I is a diverse state agency dedicated to the safety, health and security of Washington's 3.2 million workers. We help employers meet safety and health standards and we inspect workplaces when alerted to hazards. As administrators of the state's workers' compensation system, we are similar to a large insurance company, providing medical and limited wage-replacement coverage to workers who suffer job-related injuries and illness. Our rules and enforcement programs also help ensure workers are paid what they are owed, that children's and teens' work hours are limited, and that consumers are protected from unsound building practices.

L&I's Division of Occupational Safety and Health (DOSH) administers the Washington Industrial Safety and Health Act (WISHA) law by developing and enforcing rules that protect workers from hazardous job conditions.

Our claim managers oversee benefits to workers who are injured or become ill on the job. They also work closely with doctors, employers and counselors to help severely injured employees return to paid employment.

We enforce child labor laws, as well as laws that protect workers' wages and working conditions. Our agency also oversees apprenticeship programs and administers rules covering prevailing wage on public-works construction projects.

Our technical experts protect the public by inspecting electrical work, boilers, elevators and manufactured homes. We also test and license electricians, certify plumbers, and issue operating permits for amusement rides. In addition, our agency registers construction contractors, requiring them to be insured and bonded.

- **FEES:** Most services are free. Inspections for electrical, mobile homes and woodstoves require a fee. There are also fees for electrical licensing and contractor registration.

- **ADDITIONAL INFORMATION:** Hours of Operation: Monday – Friday 8:00AM – 5:00PM
SERVICES PROVIDED: Home and Community Services is part of the Aging and Disability Services Administration, an agency within the Department of Health and Social Services (DSHS). At the local level, HCS staff help adults who need care services but may need state funds (Medicaid) to help pay for them. Learn more about applying for Medicaid.

If the person is eligible for Medicaid, an HCS case manager will work with the adult to decide what additional care is needed and develop a care plan based on his/her needs. Your local HCS staff are experts on the services and support available where you live.

HCS offices are a tremendous resource and the best place to start for an adult who may need help paying for long term care due to a medical or disabling condition. Find a local HCS office.

FEES: None
Kelso-Longview Chamber of Commerce
105 N Minor Rd
Kelso, WA 98626
(360) 423-8400
Fax: (360) 423-0432
e-mail: info@kelsolongviewchamber.org
Website: www.kelsolongviewchamber.org

- SERVICES PROVIDED: Voluntary organization of business and professional people working to advance local, commercial, industrial and civic development in the Kelso and Longview area. The Chamber provides valuable networking opportunities and profitable outlets to market the business’ position in the community.
SERVICES PROVIDED: The Lower Columbia Community Action Program (CAP) is a non-government, non-profit organization which provides comprehensive social services to people in need. CAP's services include:

- HELP Warehouse – Food Banks, Food Stamps
- Energy and Housing Services
- Meals on Wheels
- Employment and Training
- CAP Transportation
- Home Care Equipment Bank
- Senior Services
- Career & Family Development Program
- Volunteer Center/RSVP
- Asset Building Services
- Small Business Development

FEES: None for low-income individuals and families.

REFERRAL PROCEDURE: For more specific information, see other sections relating to the CAP services listed above.

ADDITIONAL INFORMATION: CAP's funding comes from contracts with federal, state and local governments and from corporate and private donations. It also utilizes the services of hundreds of volunteers. These caring and committed people work to improve the quality of life for all residents in its service area.
• **SERVICES PROVIDED:** The Missing & Unidentified Persons Unit (MUPU) assists law enforcement agencies and parents in locating missing persons. The following services and resources are provided by the Washington State Patrol MUPU:
  ➢ A toll-free, 24-hour number to report missing persons
  ➢ Coordinating investigative resources
  ➢ Database research and case analysis
  ➢ DNA collection kits
  ➢ Identification information
  ➢ Public education
  ➢ Child safety training

• **FEES:** None

• **ADDITIONAL INFORMATION:** 24 Hour Hotline: 1-800-543-5678
Offender Services Division
Cowlitz County Corrections Department
312 SW 1st Avenue
Kelso, WA 98626
(360) 577-3087
Fax: (360) 414-5541
Website: www.co.cowlitz.wa.us

• SERVICES PROVIDED: The Offender Services Division offers a wide variety of alternative sentencing options to Judges and offenders which include:
  ➢ Electronic Home Monitoring
  ➢ Day Reporting
  ➢ Community Service
  ➢ Pretrial Release Supervision
  ➢ Inmate Counseling Services
  ➢ Inmate Educational Programs
  ➢ Work Release
  ➢ In Custody Work Crew
  ➢ Out-of-Custody Work Crew

• FEES: Fees vary per program. Please call for specific information.

• REFERRAL PROCEDURE: Offenders must bring a court ordered referral slip to the Offender Services office. All offenders will be required to pass a UA before they are eligible for the program.

• ADDITIONAL INFORMATION: Offenders under the age of 18 must have a parent or guardian with them when registering for a program. The programs do not accept offenders with multiple assault convictions or those convicted of a sex offense.
Pathways 2020
1452 Hudson Street #208
P.O. Box 1278
Longview, WA  98632
(360) 423-8704 Ext. 14
Fax:  (306) 423-1923
Website: www.pathways2020.org

- **SERVICES PROVIDED:** Produces Cowlitz County Community Report Card, grant writing, assistance to non-profit organizations, planning and public input, and facilitates Cowlitz On The Move – healthy lifestyles coalition.

- **FEES:** No charge for report cards, fees negotiable for other services.

- **ADDITIONAL INFORMATION:** Pathways 2020 is a non-profit organization dedicated to improving the quality of life in Cowlitz County through collaborative partnerships, resource mobilization, strategic planning and program development. Its mission is to promote and improve the health and well being of Cowlitz County by fostering community partnerships that provide the fabric and support each person needs to be a healthy and contributing member of the community. A Board of Directors of local citizens representing education, health, social service, business and government interests guides Pathways 2020.
Teen Mentor Program (TMP)
Youth and Family Link
907 Douglas Street
P.O. Box 2052
Longview, WA 98632
(360) 423-6741
Fax: (360) 501-6510

- **SERVICES PROVIDED:** The Teen Mentor Program (TMP) pairs local high school students with elementary and middle school students in positive support system among our youth. TMP offers a structured avenue for teens to develop their mentoring talents and skills through friendships with younger children who may need additional emotional support in order to meet their potential as students and individuals. As role models, the teens build leadership confidence while fostering constructive relationships with the younger students in a school environment.

- **ADDITIONAL INFORMATION:** Students are paired at the beginning of the school year and meet weekly throughout the year when school is in session. Students are picked to be part of the program through an extensive application and personal interview process. Call Link for a current list of participating schools.
Teen Volunteer Program
PeaceHealth St. John
1615 Delaware Street
P.O. Box 3002
Longview, WA 98632
(360) 414-2000
Website: www.peacehealth.org

- **SERVICES PROVIDED:** Community involvement program for high schoolers ages 14-18. A four-hour a week commitment can involve: greeting patients, transporting patients and equipment, escorting patients and documenting your activities.

- **ADDITIONAL INFORMATION:** All GPA’s are considered. Must provide transcript, two letters of recommendation, immunization records, and clear a background check. Adult volunteers are welcome too. Please call the office for application process.
SERVICES PROVIDED: Birth and death certificates (for births and deaths that occurred in Washington State) from 1907 to present are available through the Health Department. For births and deaths occurring before 1907, please contact the Cowlitz Auditor.

FEES: Please visit our website for current fees.

ADDITIONAL INFORMATION: Hours: Monday through Friday 8:30AM to 4:30PM (closed from 12 – 1PM).
Washington State Patrol
1823 Baker Way
Kelso, WA 98626
(360) 578-4147
Fax: (360) 577-2147
Website: www.wsp.wa.gov

• **SERVICES PROVIDED:** Infant care seat inspection, inspection of vehicles that have been wrecked or rebuilt, which includes trailers. All services done by appointment only.

• **FEES:** None
Multi-Cultural
Services & Education
**SERVICES PROVIDED:** Child Care and Development Program, Cowlitz Public Safety Department, cultural resources, education, health and human resources, housing, natural resources, resource assistance, transportation, Cowlitz Tribal Youth Program.

**FEES:** All of the services provided are free for Cowlitz Indian Tribal members and free for any other Native American and/or Alaskan Native.

**ADDITIONAL INFORMATION:** To participate in these programs you must be an enrolled member in, or a descendent of, a Federally Recognized Tribe. Dependents/spouse of an enrolled Cowlitz Tribe member with billable insurance.
English as a Second Language
Lower Columbia College
1600 Maple Street
P.O. Box 3010
Longview, WA 98632
(360) 442-2580
Fax: (360) 442-2589

- **SERVICES PROVIDED:** English language instruction. Emphasize life and communication skills including speaking, listening, reading, writing, grammar, citizenship and computers.

- **FEES:** $25.00 per quarter. Financial assistance is available.

- **REFERRAL PROCEDURE:** Registration and placement tests. Call LCC ESL office for information at (360) 442-2580.
Ethnic Support Council
311 Oak Street
Kelso, WA 98626
(360) 636-2791
Fax: (360) 423-2208

- **SERVICES PROVIDED:**
  - Translators and mentors to access needed services.
  - Assistance and Referral for Health and Social Services.
  - Cultural Education
  - Offer Washington State driver’s license manuals in Spanish, Vietnamese and Cambodian.
  - Can help refugees and immigrants with resettlement by providing advocacy, cultural education and other services.
  - Does not provide transportation services.
  - Educating service providers to enable them to better serve minority populations.

- **FEES:** Free services are provided to low-income individuals, but donations are greatly appreciated. The center requests payments from businesses and other agencies capable of doing so.

- **ADDITIONAL INFORMATION:** The office is open Monday through Friday, 9:00AM to 5:00PM and is closed on legal holidays. Spanish speaking staff is available at all times. Other languages can be arranged by appointment. Volunteer interpreters/translators are available to donate their time to assist with medical, educational, mental health, job training and referrals to local service agencies.
Indian Education Program
Wallace Elementary School
410 Elm Street
Kelso, WA 98626
(360) 501-1655

• SERVICES PROVIDED:
  ➢ Tutoring Kindergarten through 12th grade.
  ➢ Culture classes for students and parents interested in learning Native American crafts, culture and history.
  ➢ Native American Teen Club (for secondary students)
  ➢ Resource center with reference books, compact disks, videos and more.
  ➢ Community Awareness – recommend guest speakers and hold Pow-Wow each spring.
Special Programs

Longview School District Administration Offices
2715 Lilac Street
Longview, WA 98632
(360) 575-7000

Kelso School District Administration Offices
601 Crawford
Kelso, WA 98626
(360) 501-1904

- **SERVICES PROVIDED:** Special Education, Title 1 lap, and ESL.
Strengthening Families – Spanish
WSU Cowlitz County Extension
(360)261-3971
Website: sfp.wsu.edu

SERVICES PROVIDED: Seven-session parenting programs for Hispanic families with 10-14 year old children. A meal and childcare are provided.

FEES: None

• REFERRAL PROCEDURE: None needed

ADDITIONAL INFORMATION: The Spanish Version Strengthening Families 10-14 Program was developed by Iowa State University. It is developed for parents and youth 10-14 years old. It is designed to help parents build on their strengths. Each program has 7-12 families involved. Parents and youth meet in separate groups for the first hour and families have fun together and practice skills in the second hour. The parent session is facilitated by Spanish-speaking facilitators. The youth session may be facilitated by Spanish-speaking facilitators or it may have an interpreter available, depending on the need of the youth.
Recreation
SERVICES PROVIDED: Club membership, projects (Rocketry, Natural Resources, Computers, Bicycles, Woodworking, Small Engines, Animals, Home Economics and much more). County, regional and state events. After-school programs, day camps, school enrichment. FUN!

FEES: $25 state membership fee for each child

ADDITIONAL INFORMATION: Adult volunteers are always needed. Application, screening and training provided and required.
After School Programs
Longview Parks & Recreation Department
2920 Douglas Street
Longview, WA  98632
(360) 442-5400
Fax: (360) 442-5955

• **SERVICES PROVIDED:** Activities held at Longview and elementary schools. Stations of activities include: homework, reading, games, crafts, sports and occasional guest speakers.

• **FEES:** Scholarship programs available to qualifying families.
SERVICES PROVIDED:

- For over one hundred years, Boy Scouts of America has provided programs with a singular mission of preparing young people for adulthood, and to be responsible citizens. Five key focus areas ensure outstanding opportunities for youth and adult members: leadership, achievement, character, service, and exploring the outdoors.
Cowlitz On The Move
Cowlitz On The Move Healthy Lifestyles Coalition
Email: movecowlitz@gmail.com
Website: www.cowlitzonthemove.org

- SERVICES PROVIDED: To promote healthy lifestyles for all Cowlitz County residents through access to recreation, nutritious foods, clean air and opportunities to engage in the life of the community.

We will accomplish this through education, advocacy and community planning, that encourages collaboration, resource sharing and broad citizen participation within our communities to support healthy lifestyles.
SERVICES PROVIDED: Girl Scouts of the USA is the world’s preeminent organization dedicated solely to girls - all girls - where, in an accepting and nurturing environment, girls build character and skills for success in the real world. In partnership with committed adult volunteers, girls develop qualities that will serve them all their lives, like leadership, strong values, social conscience, and conviction about their own potential and self-worth.
SERVICES PROVIDED: Programs for preschool, youth, teens, families, adults, senior adults and therapeutic include: sporting events and leagues, arts and crafts, dance, special events, cultural activities, music, educational programs, exercise, fitness, technology, language and enrichment.

FEES: Fees vary with each activity. Scholarships and reduced payment programs are available to residents of Longview or Kelso city limits.

ADDITIONAL INFORMATION: The Parks and Recreation quarterly brochure is distributed four times a year. It is available at businesses and public locations. Pre-registration is required for most programs.
YMCA Of Southwest Washington
766 15th Avenue
Longview, WA  98632
(360) 423-4770
Fax: (360) 423-4777

- **SERVICES PROVIDED:** Summer day camp, youth sports, aquatics, racquetball, free weights, general fitness classes, swimming lessons, open swim, water fitness, MS and arthritis classes, youth and teen programs, childcare, and community development.

- **FEES:** Day use rates are available.

- **REFERRAL PROCEDURE:** Contact the YMCA directly about programs currently available. Scholarship applications are available from the YMCA.

- **ADDITIONAL INFORMATION:** NOTE: There is a paragraph in the Y's brochure which states that the Director of Membership Services or the CEO will work with anyone who cannot afford the membership fees.
Youth and Family Link
P.O. Box 2052
Longview, WA 98632
(360)423-6741
Fax: (360) 501-6510
Website: www.linkprogram.org

• **SERVICES PROVIDED:** Promotes positive change in a child and family's life by engaging and linking them to resources that will result in success in school, having positive friends, a healthy home life and being involved in positive activities. We believe that: Our Services should be affordable and accessible to those who need them; Children and families should have access to resources to improve their lives; Services should be accessible, not just available, to all who need them. Services include open gym nights, after school programs, teen mentoring, Beyond the Alphabet, Motherhood Support Group, exercise classes, and more.

• **ADDITIONAL INFORMATION:** All services are free with the exception of exercise classes. Please call or see website for complete list of services.
Baseball

Castle Rock/Toutle Lake Baseball
P.O. Box 1079
Castle Rock, WA  98611
(360) 274-7801

Kalama Little League
253 Kalama River Road
Kalama, WA 98625
Email: Kalamallpres@gmail.com

Kelso Babe Ruth Baseball
Tam O'Shanter Park
Tam O'Shanter Park Way
Kelso, WA  98626
(360) 636-6147

Lewis River Little League
7055 Green Mountain Rd
Woodland, WA 98674
(360)713-2505

Longview Youth Baseball
P.O. Box 1313
Longview, WA  98632
Website: www.longviewyouthbaseball.com

Western Youth Baseball
2650 Pacific Way
Longview, WA  98632
(360) 425-5680
**Fishing**

**Cowlitz Game & Anglers**
1000 Toutle Park Rd  
Castle Rock, WA  
(360) 279-7926  
Website: www.cowlitzgameanglers.com

**Lower Columbia Flyfishers**
PO Box 1495  
Website: www.lowercolumbiaflyfishers.org

**Mt. St. Helens Bassmasters**
e-mail: philip.martin@fosterfarms.com  
Website: www.mt-st-helens-bassmasters.com

**Football**

**Cowlitz County Pop Warner**
(360) 261-9400  
cowlitzpopwarner@gmail.com

**Kelso Youth Football**
Kelso, WA 98626  
(360) 442-0790  
Website: www.kelsoyouthfootball.wixsite.com/site

**Lower Columbia Youth Football**
Cowlitz and Wahkiakum Counties  
(360) 431-3387  
Website: www.lcyfootball.org
Golf

Mint Valley Golf Course
4002 Pennsylvania Street
Longview, WA  98632
(360) 442-5442

Three Rivers Golf Course
2222 River Road
Kelso, WA  98626
(360) 423-4653

Skiing

Mt. Bachelor
(541)382-1709
Website:  mtbachelor.com

Mt. Hood
(503)337-2222
Website:  skihood.com

Stevens Pass
(206)812-4510
Website:  www.stevenspass.com

Summit at Snoqualmie
(425)434-7669
Website:
www.summitatsnoqualmie.com
Timberline
1-800-547-1406
Website: www.timberlinelodge.com

White Pass
(509) 672-3101
Website: www.skiwhitepass.com

Soccer

Castle Rock/Toutle Soccer
(360) 560-2398
Website: www.cowlitzyouthsoccer.com

Kalama Youth Soccer
(360) 673-6804
Website: www.cowlitzyouthsoccer.com

Kelso Soccer Club
kelsosoccerclub@cowlitzyouthsoccer.com
Website: www.cowlitzyouthsoccer.com

Longview Youth Soccer
7th Avenue Park
920 – 7th Avenue
Longview, WA 98632
(360) 425-6381
Website: www.cowlitzyouthsoccer.com

YMCA (Indoor)
(360) 423-4770
**Softball**

**Kelso Girls Softball**
kelosoftball@gmail.com
Website: www.kelsogirlssoftball.org

**Longview Girls Fast Pitch Softball**
(360) 577-1006
Website: www.lgsawa.com

**Swimming**

**Dick Mealy Memorial Pool**
Mark Morris High School
1602 Mark Morris Court
Longview, WA 98632
(360) 575-7709

**Kelso Gaither Pool**
Kelso High School
1904 Allen Street
Kelso, WA 98626
(360) 501-1855

**Killer Whales Swim Club**
PO Box 964
Kelso, WA 98626
(360) 430-5004

**YMCA**
15th & Douglas
Longview, WA 98632
(360) 423-4770
Other

Academy of Kung Fu
1236 14th Avenue
Longview, WA 98632
(360) 577-8323

Cowlitz Aces Volleyball Club
(360) 562-7575
Website: www.acesvolleyballclub.com

Cowlitz Valley Runners
PO Box 1304
Longview, WA 98632
info@cowlitzvalleyrunners.com
Website: www.cowlitzvalleyrunners.org

High Step Dance Academy
3303 Washington Way #A
Longview, WA 98632
(360) 636-0669

Kelso Boxing Club
Tam O'Shanter Park
Kelso, WA 98626

Lewis & Clark Bowmen
9435 Barnes Road
Castle Rock, WA 98611
(360) 423-4974
Website: www.lewisandclarkbowmen.com

Mint Valley Racquet & Fitness Club
4004 Pennsylvania Street
Longview, WA 98632
(360) 636-4770
Website: www.mintvalley.net
Schools
ADDITIONAL INFORMATION:

- Castle Rock Primary School
  700 Huntington Avenue South
  Castle Rock, WA  98611
  (360) 501-2900
  Fax: (360) 501-2902

- Castle Rock Primary School
  700 Huntington Avenue South
  Castle Rock, WA  98611
  (360) 501-2910
  Fax: (360) 501-3121

- Castle Rock Middle School
  615 Front Avenue SW
  Castle Rock, WA  98611
  (360) 501-2920
  Fax: (360) 501-3215

- Castle Rock High School
  5180 Westside Highway
  Castle Rock, WA  98611
  (360) 501-2930
  Fax: (360) 501-2999
Kalama School District
548 China Garden Road
Kalama, WA  98625
(360) 673-5282
Fax:  (360) 673-5228
Website: www.kalamaschools.org

• ADDITIONAL INFORMATION:

  ➢ Kalama Elementary School
    548 China Garden Road
    Kalama, WA  98625
    (360) 673-5207

  ➢ Kalama Middle/High School
    548 China Garden Road
    Kalama, WA  98625
    (360) 673-5212
Kelso School District
601 Crawford Street
Kelso, WA 98626
(360) 501-1900
Website: www.kelso.wednet.edu

ADDITIONAL INFORMATION:

- Barnes Elementary School 401 Barnes Street
  Kelso, WA 98626
  (360) 501-1500

- Beacon Hill Elementary School
  257 Alpha Drive
  Longview, WA 98632
  (360) 501-1450

- Butler Acres Elementary School
  1609 Burcham Street
  Kelso, WA 98626
  (360) 501-1600

- Carrolls Elementary School
  3902 Old Pacific Highway
  Kelso, WA 98626
  (360) 501-1380

- Catlin Elementary School
  404 Long Avenue West
  Kelso, WA 98626
  (360) 501-1550

- Rose Valley Elementary School
  1502 Rose Valley Road
  Kelso, WA 98626
  (360) 501-1400

- Wallace Elementary School
  410 Elm Street
  Kelso, WA 98626
  (360) 501-1650

- Coweeman Middle School
  2000 Allen Street
  Kelso, WA 98626
  (360) 501-1750

- Huntington Middle School
  500 Redpath Street
  Kelso, WA 98626
  (360) 501-1700

- Kelso High School
  1904 Allen Street
  Kelso, WA 98626
  (360) 501-1800

- Loowit High School
  2001 Allen Street
  Kelso, WA 98626
  (360) 501-1951
Longview School District
2715 Lilac Street
Longview, WA 98632
(360) 575-7016
Website: www.longviewschools.com

- ADDITIONAL INFORMATION:
  - Columbia Heights Elementary School
    2820 Parkview Drive
    Longview, WA 98632
    (360) 575-7461
  - Columbia Valley Gardens
    2644 30th Avenue
    Longview, WA 98632
    (360) 575-7502
  - Kessler Elementary School
    1902 E. Kessler Blvd.
    Longview, WA 98632
    (360) 575-7580
  - Mint Valley Elementary School
    2745 38th Avenue
    Longview, WA 98632
    (360) 575-7581
  - Olympic Elementary School
    1324 30th Avenue
    Longview, WA 98632
    (360) 575-7084
  - Robert Gray Elementary School
    4622 Ohio Street
    Longview, WA 98632
    (360) 575-7302
  - St. Helens Elementary School
    431 27th Avenue
    Longview, WA 98632
    (360) 575-7362
  - Northlake Elementary School
    2210 Olympia Way
    Longview, WA 98632
    (360) 501-8700
  - Broadway Learning Center
    1410 8th Avenue
    Longview, WA 98632
    (360) 575-7429
  - Cascade Middle School
    2821 Parkview Drive
    Longview, WA 98632
    (360) 577-2703
  - Monticello Middle School
    1225 28th Avenue
    Longview, WA 98632
    (360) 575-7050
  - Mt. Solo Middle School
    5300 Mt. Solo Road
    Longview, WA 98632
    (360) 577-2800
  - Mark Morris High School
    1602 Mark Morris Court
    Longview, WA 98632
    (360) 575-7663
  - R.A. Long High School
    2903 Nichols Blvd.
    Longview, WA 98632
    (360) 575-7228
  - On Track Academy
    Harding Building
    2742 Harding Street
    Longview, WA 98632
    (360) 414-2926
Toutle Lake School District
5050 Spirit Lake Highway
Toutle, WA  98649
(360) 274-6182
Website:  www.toutlesd.org

•  ADDITIONAL INFORMATION:

  ➢ Toutle Lake Elementary School
    5050 Spirit Lake Highway
    Toutle, WA  98649
    (360) 274-6182

  ➢ Toutle Lake High School
    5050 Spirit Lake Highway
    Toutle, WA  98649
    (360) 274-6182
Woodland School District
800 Second Street
Woodland, WA 98674
(360) 841-2700
Fax: (360) 841-2701
Website: www.woodlandschools.org

• ADDITIONAL INFORMATION:

- Columbia Elementary School
  600 Bozarth Street
  Woodland, WA 98674
  (360) 841-2900

- North Fork Elementary
  2250 Lewis River Road
  Woodland, WA 98674
  (360) 841-2750

- Yale Elementary School
  11842 Lewis River Road
  Ariel, WA 98603
  (360) 241-2950

- Woodland Middle School
  755 Park Street
  Woodland, WA 98674
  (360) 841-2850

- Woodland High School
  1500 Dike Access Road
  Woodland, WA 98674
  (360) 841-2800

- TEAM High School
  800 Second Street
  Woodland, WA 98674
  (360) 841-2742

- Lewis River Academy
  800 Third Street
  Woodland, WA 98674
  (360) 841-2704
Senior Services
Castle Rock Senior Center
222 2nd Avenue SW
Castle Rock, WA 98611
(360) 274-7502

- **SERVICES PROVIDED:** Variety of recreational activities available. Open Monday through Wednesday 9:00 a.m. to 5:00 p.m. and Sunday 24 hours.

- **ADDITIONAL INFORMATION:** Call for membership information if interested (not required).
Home Delivered Meals (Meals On Wheels)
Lower Columbia Community Action Program (CAP)
1526 Commerce Avenue
Longview, WA 98632
(360) 425-3430

• **SERVICES PROVIDED:** To provide a hot or frozen meal to a homebound client who is at least 60 years of age and meets the criteria for vulnerability. Special dietary needs can be met most of the time.

• **FEES:** Donation of $2.50 per meal is suggested.
SERVICES PROVIDED: The Long-Term Care Ombudsman provides information, outreach, and advocacy for individuals living in long-term care residential settings, including nursing homes, adult family homes, and assisted living facilities.

What does an Ombudsman do?
- Advocate for the rights of residents in long-term care facilities
- Provide an effective means for the resolution of concerns about the quality of life in long-term care facilities
- Work with residents, families, operators and facility staff to meet the needs and concerns of those who live there
- Monitor laws, regulations and policies that affect those who live in long-term care facilities
- Provide public education to promote a better understanding about the use of long-term care facilities
- Help residents, family, staff and operators of facilities to establish a resident or family council

FEES: None
Longview Senior Center
1111 Commerce Avenue
Longview, WA 98632
(360) 636-0210
Website: www.longviewseniorcenter.com

- SERVICES PROVIDED:
  Entertainment, bingo, dancing, karaoke, jewelry class, exercise class, bus trips to the casino, and more.

ADDITIONAL INFORMATION:
More information and prices available online. Hours are Tuesday through Thursday 8AM-4PM, Monday and Friday 8AM-2:30PM, and Saturday 8AM-12PM.
R.U.O.K. (Are you OK?)
Lower Columbia Community Action Program (CAP)
1526 Commerce Avenue
Longview, WA 98632
(360) 425-3430 ext. 240 or 259
Toll Free: 1-800-383-2101 ext. 240 or 259

- **SERVICES PROVIDED:** A free, daily check-in service by telephone for individuals that live alone and have medical issues putting them at risk. A staff member of volunteer will call the client on a daily basis at an agreed upon time to assure that all things are going well for the day. In the event that a call goes unanswered, protocol is that phone calls will be made every 15 minutes for the next hour or until answered. If still unanswered, the emergency contact person is notified. If unable to reach the emergency contact person or they are unable to check on the individual, then law enforcement is contacted and a wellness check is requested.

- **FEES:** None

- **REFERRAL PROCEDURE:** Call the CAP Office.

- **ADDITIONAL INFORMATION:** Office Hours: 8:30AM – 4:30PM Monday through Friday.
Senior Community Lunches
Lower Columbia Community Action Program (CAP)
1526 Commerce Avenue
Longview, WA 98632
(360) 425-3430

- SERVICES PROVIDED: Provides hot lunches to seniors 60 years of age and older in a community meal setting. There are eight (8) different sites in Cowlitz and Wahkiakum Counties. The goal is to provide fellowship and information as well as serving a nutritional meal.

- REFERRAL PROCEDURE: Call the CAP office at (360) 425-3430 ext. 259 for reservations the day before the meal.
Senior Community Service Employment Program
Work Opportunity Center Cowlitz County/Goodwill
1030 15th Avenue, Suite 300
Longview, WA 98632
(360) 501-8350

- **SERVICES PROVIDED:** On the job training.

- **REFERRAL PROCEDURE:** Contact the Work Opportunity Center and speak to the Senior Community Service Employment Program (SCSEP).
Senior Transportation
Lower Columbia Community Action Program (CAP)
1526 Commerce Avenue
Longview, WA 98632
(360) 200-4911

- **SERVICES PROVIDED:** Senior Transportation (Cowlitz and Wahkiakum seniors, age 60 and over), is for residents who live outside the River Cities service area to come into town for medical appointments in the Portland-Vancouver area and as far north as Olympia. This service is limited to two (2) round trips per month per client. There is one rural senior van service to the Woodland Walmart for Woodland residents.

- **REFERRAL PROCEDURE:** Call the CAP office to schedule transportation ride.
Southwest Washington Agency on Aging & Disabilities

1338 Commerce Avenue, Suite 309
Longview, WA 98632
(360) 577-4929
Toll Free: 1-800-682-2406
Website: www.helpingelders.org

- **SERVICES PROVIDED:**
  - Family Caregiver Support Program – Services are tailored specifically for the caregiver. Services include:
    - Respite Care
    - Counseling
    - Education
  
  - Kinship Caregiver Support Program – Services include case management and financial assistance to relatives, generally a grandparent, aunt or uncle raising a relative’s child.

- **FEES:**
  - Family Caregiver Support Program – Sliding fee scale based on income
  - Kinship Caregiver Support Program – None. However, must meet certain income guidelines to qualify.

- **REFERRAL PROCEDURE:** Call Senior Information and Assistance at (360) 577-4929 or 1-800-682-2406.
Volunteer Services
Catholic Community Services Family Center
923 Fir St
Longview, WA 98632
(360) 577-2200
Toll Free: 1-888-649-6734
Website: www.ccsww.org

- **SERVICES PROVIDED:** Volunteer Chore Services is committed to helping elders and adults with disabilities remain independent in their own homes through a network of caring community members. Services provided include:
  - Housework
  - Laundry
  - Shopping/errands
  - Transportation
  - Yard Work
  - Respite
  - Minor Home Repair
  - Moving Assistance
  - Cooking
  - Communications
  - Household Repairs
  - Monitoring
  - Wood Provision
  - Some kinds of Personal Care
  - Protective Supervision

- **FEES:** Services are provided free of charge to low-income elderly and disabled adults who qualify. Call for more information.

- **REFERRAL PROCEDURE:** DSHS, Senior Information and Assistance, families and friends, general public, religious community and other Community agencies.

- **ADDITIONAL INFORMATION:** Volunteer Chore is a statewide service using caring volunteers to help provide the tasks requested.
Transportation
River City Transit
(Longview Transit Center)
1050 11th Ave
Longview, WA 98632
(360) 442-5663
Website: rctransit.org

- **SERVICES PROVIDED:** River City Transit offers transportation within the Longview-Kelso city limits.

- **FEES:**
  - One-Way Ticket $1.00
  - One-Way Ticket (senior citizen or disabled person) $0.50
  - One Day Pass $2.00
  - One Day Pass (senior citizen or disabled person) $1.00
  - One Month Pass (adults) $14.00
  - One Month Pass (students) $7.00
  - One Month Pass (senior citizens/disabled person) $7.00
  - Children under 6 free
  - Quarterly Pass
    - Adult - $42.00
    - Student - $21.00
    - Disabled or Senior - $21.00

- **ADDITIONAL INFORMATION:** Bus schedules and information are available by contacting the office.
Greyhound Bus Lines
501 1st Ave S
Kelso, WA 98626
(800) 231-2222

- **SERVICES PROVIDED:** Bus Service
  Hours of Operation: Subject to change. Please call to verify hours before making travel arrangements.

- **FEES:** Call for fees.

- **ADDITIONAL INFORMATION:** Call for information.
Medicaid Transportation
Lower Columbia Community Action Program (CAP)
1526 Commerce Avenue
Longview, WA  98632
1-800-752-9422 for Medicaid Screeners
They will contact CAP for the ride arrangements

- **SERVICES PROVIDED:** CAP and Medicaid are working together to assist you with your transportation needs. Medicaid transportation is provided to any individual who is eligible for Medicaid and authorized by the Medicaid Transportation Brokerage in Vancouver.

- **FEES:** None

- **REFERRAL PROCEDURE:** Call Medicaid Screeners at 1-800-752-9422 and request service from CAP.
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